

CURRICULAM VITAE

Ms.SHABNA THOMAS

Thoundassery House

Thuruthipuram

Puthenvelikkara

Ernakulam

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CAREER OBJECTIVE

To take up a challenging position and to be associated with a professionally managed organization. To utilize and expand my knowledge and also skill for the growth of the organization.

SUMMARY

- Fast and better understanding skills, good communication and interpersonal skills.
- Being friendly with colleagues and clients.
- Ability to handle unexpected situations calmly.
- Able to multitask, being comfortable with routine work.
- Good team player, result oriented, self – starter able to work with minimum guidance, strong communicator.

PROFESSIONAL EXPERIENCE

Hospital : SREE NARAYANA INSTITUTE OF MEDICAL SCIENCE , CHALAKKA

Position : Staff Nurse

Department : Medical Intensive Care Unit

Period : 13/12/2021 to 31/07/2023

PROFESSIONAL QUALIFICATIONS

Qualifications	Institution	Board / University	Year
General Nursing & Midwives Course	School of nursing medical trust hospital, Kochi Ernakulam	Kerala Nurses & Midwives Council	2017-21

ACADAMIC QUALIFICATION

Qualification	Institution	Board / University	Year
S.S.L.C	St.joseph high school Chathedom	Board of Public Examinations Kerala	2015
Plus two	St.sebastian's H S S,Gothuruthu	Board of higher secondary	2017

CLINICAL SKILLS

- To Assist Patient Intubation
- CPR
- ECG Monitoring
- Vital Signs
- Glucose Random Blood Sugar Checking
- Foleys Catheterization & Catheter Care
- Ryles Tube Feeding
- Care of Bed Ridden Patients
- Dressing
- Urinary Catheterization
- Cannulisation
- Bladder Irrigation
- Administration of Medicine
- Care of Postnatal Mother
- Care of Amputation
- ABG Sampling
- Nebulization
- Steam Inhalation

DUTIES AND RESPONSIBILITIES

- Admission of New Patents
- Assessing Vital Signs and other parameters
- Making early nursing diagnosis and care to prevent further complications
- Implementation of nursing care plan
- Management of Cardio respiratory arrest
- Assisting with various life saving procedure like cardio pulmonary resuscitation, taking ABG Sample and investigations (Blood, Urine, Sputum,Stool, Etc)
- Attending critically ill patients
- Taking care of patients in ventilator with supporting activities of the daily living
- Assist the patients for complications
- To check the emergency equipment kept near the patient, their safety and working order

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- Engaging the patient in physiologically and psychological rehabilitation activities as boredom result due to enforced bed rest
 - Intake and output chart maintaining.

PERSONAL DETAILS

Date of Birth : 07-01-2000
Gender : Female
Father' Name : Thomas T M
Mother's Name : Laiju
ThomasMarital Status : Single
Religion : Christian

DECLARATION

I do here by declare that above information's are and correct to the best of my knowledge and belief.

Place : Thuruthipuram

Date :

Shabna Thomas

