

EMIL ROSE JOY

Dietitian

MSc Clinical Nutrition and Dietetics



PROFESSIONAL PROFILE

I am passionate about promoting healthy lifestyles and helping individuals achieve optimal well-being through proper nutrition. With a passion for the healthcare industry, I enjoy interacting with a wide variety of patients, their families, and multidisciplinary professionals to deliver patient-focused and high-quality health outcomes. Confidently working in a team environment exhibits my capabilities to build productive relationships and demonstrates my excellent communication skills and comfortable working in a fast-paced and growth-oriented work environment.

My areas of expertise include

- Patient confidentiality
- Time management
- Quality management
- Assessment
- Different medical cases
- Highly organized

CAREER OUTLOOK

I am seeking an opportunity to further develop my professional skills and knowledge, especially in clinical Nutrition and Dietetics. With my commitment to teamwork, empathetic and patient-focused approach, and ability to quickly learn new skills, I am confident that I will make a substantial contribution to any hospital/healthcare setting

EDUCATION

2021 -2024: **St Teresa's college Ernakulam**

Masters in Clinical Nutrition and Dietetics
(Result awaiting)

2018 – 2021: **Alphonsa college Pala**

BSc. In Clinical Nutrition and Dietetics (Grade – A)

2016-2018: **ST Thomas English Medium school Attappalam**

Higher Secondary – Science (Score - 85 %)

2016 : **ST Thomas English Medium school Attappalam**

Secondary Education (Score - 83%)

CONTACT

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7907344830

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PERSONAL PROFILE

Date of birth – 9/1/2000

Sex – Female

Marital Status – Single

Nationality – Indian

Language –English,

Malayalam

SKILL

Effective communication skill

Interpersonal skill

Technical skill

Leadership quality

INTERNSHIP

- Aster Medcity Kochi – 3rd July 2023 – 3rd January 2024
- Nutrilicious diet clinic Hyderabad – 7th February 2021 – 9th March 2021

PROJECT

- Project -Development of Cost-Effective Calcium rich recipes for Toddlers
- Project -Assessment of the Relationship between the Heredity of Diabetic Foot Ulcer, Obesity and Diabetes with Diabetic Foot Ulcer

ACADEMIC PARTICIPATION, ACHIEVEMENTS

- Achieved A grade in BSc Clinical Nutrition and Dietetics
- Participated in the conference ‘Aster Nutricon’
- Participated in the online quiz “Nutria IQ” Conducted by the Department of Food Technology K.S. Rangasamy College of Technology
- Have attended an international webinar on ‘Dietary Cholesterol: Current State of Evidence organized by the Department of Home Science and Center for Research in association with NSI Kochi
- National webinar on ‘Insight on geriatric wellness during pandemic’ organized by dep. Of Community Science, College of Horticulture. Kerala Agricultural University
- National webinar on ‘Nutrition: Recent Trends and Challenges’ organized by the Department of Home Science

DECLARATION

I hereby declare that the above-given information is true to the best of my knowledge and belief and can be supported by relevant certificate/ document.

Emil Rose Joy

January 2024

Chellarcovil

REFERENCE

Upon request