

Curriculum

Forename : ASHITHA JOSEPHINE
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Educational Qualifications

• Graduation in Nursing

Name of the Institution : ALL INDIA INSTITUTE OF MEDICAL SCIENCES, BHUBANESWAR
Name of the University : ALL INDIA INSTITUTE OF MEDICAL SCIENCES, BHUBANESWAR
Date of passing exam : 04-09-2020

• Higher Secondary Education

Name of the Board : BOARD OF HIGHER SECONDARY EXAMINATION, KERALA
Name of the Institution : GOVERNMENT HIGHER SECONDARY SCHOOL, PUTHENTHODE
Date of passing exam : 21-05-2015

• Secondary Education

Name of the Board : BOARD OF PUBLIC EXAMINATION, KERALA
Name of the Institution : OUR LADY OF FATHIMA HIGH SCHOOL, KUMBALANGHI
Date of passing exam : 24-04-2013

Details of Professional Registration

Name of Nursing Council : ODISHA NURSES AND MIDWIVES REGISTRATION COUNCIL
Registration Number : 32442
Date of Registration : 14-09-2020

Odisha council to Kerala nursing council registration on process

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Employment/Work Experience

1. Employer

Dates of employment	: 18-09-2020 to 04-09-2022
Name of Hospital	: ALL INDIA INSTITUTE OF MEDICAL SCIENCES, BHUBANESWAR
City/State	: BHUBANESWAR/ ODISHA
Bed Capacity	1000
Job Title/Designation	: NURSING OFFICER Department/Ward
Allocation	: GENERAL SURGERY DEPARTMENT
Nurse Patient Ratio	: 1:3

Duties and Responsibilities

- Monitored patient's health by performing vital signs and condition assessment in every minute.
- Collected data for patient's records and maintained it with strict confidentiality.
- Contributed personal quality improvements through regular care and patient counselling, promoting continuous best practice.
- Assessed patient wellbeing within minute frame, creating detailed health care management plans.
- Managed caseloads of patients, maintaining health and safety even by completing hygienic needs.
- Assessed patient condition, monitored patient behaviours and updated supervising physicians with observations and concerns.
- Checked patients at regular intervals to record food and fluid intake and output, taking measures to promote healthy levels needed.
- Assisted patients with daily tasks, such as dressing, hygienic upkeep and movement throughout facility.
- Executed appropriate steps for patient treatment following careful review of physician medical regimen.
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.

Cases handled

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- *Road traffic accident*
- *Hernia*
- *Gastrointestinal Diseases*
- *Breast Cancer*
- *Appendicitis*
- *Colon Cancer*
- *Peptic Ulcer*
- *Diabetic Foot*
- *Anal fissures*
- *GERD*
- *Hemorrhoids*
- *Thyroid Disorders*

Equipment's used

- *Pulse oximeter*
- *Infusomat*
- *Glucometer*
- *Defibrillator*
- *Syringe Pump*
- *ECG machine*
- *Nebulizer*
- *Steam Inhaler*
- *Centralized and cylinder oxygen application*
- *BI PAP*
- *Using different cardiac monitors*
- *Mechanical Ventilator*
- *CVP Monitoring*
- *Suction Apparatus*
- *ABG Machine*

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Personal Profile

Name : ASHITHA JOSEPHINE

Date of birth : 23-07-1997

Gender : Female

Marital status : Single

Nationality : Indian

Languages known : Malayalam, English, Hindi

Personal Interests : Reading, Travelling, listening to music

Declaration

I hereby declare that this Curriculum Vitae is true and correct.

Date : 23-01-2024

Location: Kumbalanghi

Name : ASHITHA JOSEPHINE