



# SUMI YOUSUF

OPTOMETRIST

## Details

Galaxy homes, Chilavannoor  
Road, Kadavanthara  
Kochi, 682022  
India  
+91 8547603878  
[sumiy8@gmail.com](mailto:sumiy8@gmail.com)

NATIONALITY

Indian

## Skills

Communication Skills

Self Motivated

Team Player

Industry Knowledge

## Languages

English

Malayalam

Hindi

## Profile

Experienced Optometrist with over three years of experience providing optometry care to patients. Adept in performing vision tests and accurately analyzing results and diagnosing disorders. Experienced in diagnosing and treating vision problems and diseases such as, nearsightedness, farsightedness, astigmatism, presbyopia, and glaucoma. Adept in prescribing the proper care, treatments, and medications to achieve optimal health. Bringing forth a commitment to excellent vision and patient care.

## Employment History

### Optometrist, Al Salama Eye Hospital, Perinthalmanna

MARCH 2014 – JULY 2018

### Optometrist, Purple Eye Care Hospital, Kochi

JANUARY 2019 – JULY 2020

### Optometrist, Futureace Hospital, Edapally, Kochi

AUGUST 2020 – AUGUST 2021

### Optometrist, Optic Mannath, Panampilly Nagar, Kochi

SEPTEMBER 2021 – OCTOBER 2022

### Optometrist, Linet Eye Care Clinic, Kaloor, Kochi

NOVEMBER 2022 – MARCH 2023

## Education

### Bachelor Of Optometry, Al Salama Eye Hospital, Perinthalmanna

2014 – 2018

### High School Diploma, St Mary's Convent Higher Secondary School, Kayankulam

2011

### Secondary School Certificate, Sree Narayana English Medium Higher Secondary School, Kayankulam

2013

## Project

PRVELENCE OF PTERYGIUM

## Clinical Skills

Subjective Refraction, Retinoscopy, Keratometry, Autorefractometer and Tonometry, Spectacle Prescription

## Practical Skills

History Taking, Neutralization of Spectale, Pupil Examination, Feild Examination, Color Vision Examination, Subjective Refraction, Retioscopy, Biometry(Immersion and Contact Method), HFA, Lensometer, Lacimal Syringe, LASIK Primary Workup, Squint Primary Workup, IOP Measurement

## **Instrument Exposure**

A-Scan, Topography, Pachymetry, OCT, IOL Master, Keratometry, Computerised Auto Refractometer, Humphrey Field Analyzer (HFA)

## **Achievements**

Attended CME on EYEDIA 2K17 conducted by Al Salama Eye Hospital, Perinthalmanna

2017

Attended many community and co-operative eye camps, awareness and screening, surveys as part of VISION 2020

## **References**

DR J Muthaiah(MBBS, MS, FACS, FICO) from Al Salama College Of Optometry

DR Rajesh PMD(A.I.I.M.S) Fellow L.V Prasad Medical Superintendent and Cheif consultant vitreo retinal surgeon

Adv. A Shamsudeen, Managing Director from Al Salama Group of Institutions

Japin Charan, Senior Optometrist