

## DIJILNATH VISWANATHAN SINDHU

SOPANA BHAVAN  
TC 01/501, NEHRU JUNCTION  
KAZHAKUTTAM, THIRUVANANTHAPURAM  
KERALA, INDIA- 695582

TO WORK IN A REAL PROFESSIONAL ATMOSPHERE  
THAT ENABLES ME TO SCOPE UP WITH THE EMERGING  
AS WELL AS THE LATEST TECHNOLOGIES AND SCOPE  
FOR WIDENING THE SPECTRUM OF MY KNOWLEDGE

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## Skills

- COMMUNICATION : COMMUNICATION SKILLS INCLUDING ACTIVE LISTENING, OBSERVING, SPEAKING AND EMPATHIZING
- ETHICS AND CONFIDENTIALITY
- RISK MANAGEMENT
- SELF CONFIDENCE AND CREATIVITY IN WORK
- CRITICAL THINKING AND PROBLEM SOLVING
- TEAMWORK AND DEPENDABILITY
- RISK ASSESSMENT
- PROJECT MANAGEMENT

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## Work Experience

FROM – MAY 2022, TILL CONTINUING

### **SAFETY OFFICER / [SMITA MEMORIAL HOSPITAL, KERALA, INDIA]**

- DURING MY EXPERIENCE PROVIDES PATIENT SAFETY AND HOSPITAL SAFETY WITHIN THE HOSPITAL, DIVISIONAL AND UNIT SPECIFIC POLICIES AND PROCEDURES, STANDARDS, PROTOCOLS.
- MONITORING AND OPERATIONS OF ALL SAFETY SYSTEMS AND SAFETY TRAINING, COORDINATIONS AND CONDUCTING OF MOCK DRILLS AND FIRE FIGHTING .
- DEMONSTRATES EFFECTIVE COMMUNICATION AND COLLABORATION SKILLS WHEN INTERACTING WITH STAFFS, PATIENTS, OTHER HEALTH CARE TEAM MEMBERS AND OTHER ADMINISTRATIONS.
- COMPLIES WITH HOSPITAL STANDARDS AND INFECTION CONTROL PROTOCOLS.
- IMPLEMENTATION OF HIRA POLICIES AND HOSPITAL QUICK REACTION TEAM.
- CONTRACT AND SUB CONTRACT WORKERS MONITORING AND TRAINING.
- HAZMAT POLICIES AND THEIR MANAGEMENT.
- ATTENDED TWO NABH AUDIT (LATEST NABH 5<sup>th</sup> EDITION ) AND GREEN OT AUDIT (**BUREAU VERITAS INDIA PRIVATE LIMITED 2023 EDITION**)

FROM – APRIL 2017, TO APRIL 2022

**CONTRACT FIREMAN / [VSSC FIRESERVICE, RPP, ISRO, TRIVANDRUM, KERALA, INDIA]**

- FIRE FIGHTING AND ASSIST WITH FIRE CREW IN EMERGENCY
- MAINTENANCE OF FIREFIGHTING EQUIPMENT'S
- TRAINING
- POWER TOOLS HANDLING AND RESCUE ACTIONS
- RISK ASSESSMENTS

FROM – DECEMBER 2014, TO FEBRUARY 2017

**HEALTH SAFETY AND ENVIRONMENT ASSISTANT / [KIMS HOSPITAL KOTTAYAM AND TRIVANDRUM, KERALA, INDIA]**

- MONITORING AND OPERATIONS OF ALL SAFETY SYSTEMS AND SAFETY TRAINING, COORDINATIONS AND CONDUCTING OF MOCKDRILLS.
- ASSIST SAFETY MANAGER FOR PATIENT AND STAFF CARE PROTOCOLS AND ENSURE THE SAME. OPERATIONS OF ALL FIRE AND SAFETY SYSTEMS IN EMERGENCY
- SAFETY TRAINING AND LIVE DEMONSTRATION, IN CASE OF NEEDS HELPING PATIENTS AND NURSING ORDERS.
- ATTENDED NABH AUDIT

FROM – SEPTEMBER 2013, TO DECEMBER 2014

**CONTRACT SAFETY TECHNICIAN / [RPP, VSSC, ISRO, TRIVANDRUM, KERALA, INDIA]**

- OPERATION AND MAINTENANCE OF FIRE PROTECTION LINE
- MAINTENANCE OF SPRINKLER / DELUGE SYSTEM AND HYDRANTS.
- AUTOMODE PUMP ROOM OPERATION AND MAINTENANCE.
- EMERGENCY FIRE FIGHTING WITH FIRE CREW.

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## **Education**

[24<sup>TH</sup> JUNE 2013]

**AIRCRAFT MAINTENANCE ENGINEERING /**

**[REGIONAL INSTITUTE OF AVIATION, THIRUVANANTHAPURAM, KERALA, INDIA]**

MAIN DIVISION – ENGINEERING WORKS, ELECTRICAL, ELECTRONICS, HYDRAULICS, PNEUMATIC, AIRFRAME AND POWERPLANT AREAS.

[JUNE 2009]

**DIPLOMA IN FIRE AND INDUSTRIAL SAFETY ENGINEERING /**

**[C-FAISE, THIRUVANANTHAPURAM, KERALA, INDIA]**

FIRE FIGHTING SKILLS, INDUSTRIAL AND CONSTRUCTION SAFETY MANAGEMENT, ERGONOMICS

[MARCH 2008]

**HIGHER SECONDARY EDUCATION /**

**[GOVT HSS KULATHOOR, THIRUVANANTHAPURAM, KERALA, INDIA]**

MAJOR – SCIENCE

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## **Achievements**

- UKVI IELTS – OVERALL BAND (6) , CEFR (B<sub>2</sub>) DATED -26<sup>TH</sup> FEB 2022
  - BLS CERTIFICATION (CPR & AED) UNDER AMERICAN HEART ASSOCIATION VALID TILL DEC 2024.
  - EMERGENCY LIFE SUPPORT CERTIFICATE
  - OCCUPATIONAL SAFETY AND HEALTH ADMINISTRATION – 10HRS CERTIFICATE
  - BASIC FIRE TRAINING CERTIFICATE OBTAINED UNDER KERALA FIRE AND RESCUE SERVICE , KERALA, INDIA
  - INDIAN HEAVY AND LIGHT VEHICLE LICENCE
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## **Activities**

TRAVELLING, READING, TREKKING, PHYSICAL FITNESS

COMPUTER SKILLS: OPERATING SYSTEMS – WINDOWS 7, 8, 10 AND 11 HAVE KNOWLEDGE IN MICROSOFT POWERPOINT, EXCEL, WORD AND MILD KNOWLEDGE IN AUTOCAD

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## **Other Details**

**PASSPORT** – S5182687

**EXPIRY DATE** - 08/11/2028

**PLACE OF ISSUE** - TRIVANDRUM, INDIA

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## **Reference**

**SIMON T**

ENGINEERING HEAD

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