# **RESUME**



NIXON THANKACHAN

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# **OBJECTIVE**;

Be an "IdealTherapist" I can be continuously learning both by experience and educating myself with up-to-date literature, and applying this knowledge in my work environment for optimal patient outcomes

# PERSONAL DETAILS;

Date of birth :15.09.1989

Father's Name :Thankachan

Sex :Male

Marital status :Single

Nationality :Indian

Religion :Christian

Languages known : Tamil, English, Malayalam

Hobbies :Reading Books, Watching TV

**Interested in Clinical Teaching & Counseling patients Music** 

# **EDUCATIONAL QUALIFICATION**

CROSS	NAME OF BOARD	YEAR OF PASSING	PERCENTAGE
B.SC Chemistry	St. Stephens College, Uzhavoor	2010	65%
PG DIPLOMA IN DIALYSIS THERAPY	Christian Medical College, Vellore	2011-2012	80%

MY INSTITUTION: (Studied)

Christian Medical College was founded by Dr. Ida Sophia Scudder. It is one of the standardized hospitals in Asia and awarded as no.2. It is a private Teaching Hospital (Medicine, Nursing, and Allied Medicines) under Dr. M.G.R. Medical University. In the hospital, there are 2600 beds for in-patients and about 6000 outpatients are treated daily. Extensions of the hospital include the Eye Hospital, Ida Scudder Ward, two rural hospitals — CHAD AND RUHSA facilitating change in the lives of rural people, a New Life Centre for leprosy patients and a Rehabilitation Centre. In 2001, the National Assessment and Accreditation Council (NAAC) on autonomous institution of the University Grants Commission awarded aFIVESTARRATINGtothelnstitution.

The College of Nursing as an Integral part of CMC. It has been recognized in 2000 by Government of India as an "Institute of Excellence in India". It is also WHO COLLABORATINGCENTER FOR NURSINGANDMIDWIFERY DEVELOPMENT in 2003. The college has become a member of the "Global Network" for WHO Collaborating centers. It is

also certified as a study centre for National PhDs Consortium by Indian Nursing Council and WHO. From 2005, the College of Nursing is offering Fellowship in Family Nurse Practice.

This institution has been a pioneer in India in the development of community based education as well as in higher specialties 'The primary concern of the Christian medical college ,Vellore, is to develop through education and training , compassionate, professionally excellent ,ethically sound individuals who will go out as servant-leaders of health teams and healing communities. This service may be in promotive, preventive, curative, rehabilitative or palliative aspects of health care, in education or in research.

#### "NOT TO BE MINISTERED UNTO BUT TO MINISTER"

## **CLINICAL EXPERIENCE**;

- 1) Internship in dialysis therapy Aug 2012 to July 2013 (Dialysis technician), christian medical college, vellore, tamil nadu, india
- 2) (Baby memorial Hospital (NABH accredited) Jan 2014-to september2018.(800 bed multi specialty hospital), Calicut, kerala, india,

Our academic wing conducts postgraduate training courses for doctors under the National board of examination as well as postgraduate course in Emergency medicine under the George Washington University, USA. Also, conduct Post graduate, Graduate and diploma courses in nursing and other Paramedical subjects.

3)mediheal group of hospital ,Nairobi,Kenya - working as a dialysis technician from september2018 to till date.

## PROCEDURE PERFORMED;

- Slow flow conventional Dialysis Therapy
  Continuous Renal Replacement Therapy
  Slow Continuos Ultra Filtration Technicque
  Hemo Perfusion
  Reprocessing Techniques
  Operation, Maintenance and Trouble Shooting of HD machines
  Plasmapheresis
  SLED
  SCUF
  SUF
- Taking care of 10 patients in a shift

**!** VENIPUNCTURE TECHNIQUES

- Management of critically ill patients
- Monitoring adequacy for patients related to URR
- Daily monitoring of R.O. water plant and regular disinfection procedures
- Reprocessing of Dialyzer Manual and automated using renalin
- Monitaring patient dry weight

- Advicing renal diet to patients
- Preparation of anticoagulation (dilution techniques)
- Preparatión of fresh bicarbonate buffer Solution
- Disinfection techniqes of HD machines

#### MACHINE HANDLED

- FRESENIUS 4008s ARRT Plus,OCM
- Nikkisso, DBB26, DBB27,
- NIPRO SURD PLUS,
- GAMBRO AK98.

## **CONFERENCE ATTENDED**

- ✓ 7 Th Annual conference of SDTPCON in madras mission, Chennai.
- **✓** 8 <sup>Th</sup> Annual conference of SDTPCON in MMM, Chennai.

#### REFERENCES

1. Prof.M.Thomas Mathew(MD,DM)(FISN,FAGE,FRCP)

**Sr Consultant Nephrologists** 

**Baby memorial Hospital Kozhikode** 

Pin-673004

Kerala, India.

#### **DECLARATION**

I hereby declare that all the above-furnished details are true and complete to the best of my knowledge and belief.

Thanking you

Place: NAIROBI

Date: yours faithfully

(NIXON THANKACHAN)