

CONTACT

Sruthy S

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OBJECTIVE

Self motivated hardworking person with outstanding people skills , easily adaptability and ability to work effectively with people of all level. Im working forward my first career and work experience through which I can develop my knowledge and skill to diagnose and treat patients in different fields of Physiotherapy.

EDUCATION

- 2018 -2023
 - **School of Medical Education, Gandhinagar Kottayam**
Bachelor of Physiotherapy (BPT)
60.5%
- 2016 - 2018
 - **Govt.DVHSS Vechoor**
Highter secondary education
87.5%
- 2016
 - **Govt.DVHSS Vechoor**
S S L C
97%

EXPERIENCE

- 6 months -
 - **INTERNSHIP**
Aster Medcity kochi
As a part of my internship I worked under the department,
 - PMR
 - ICU (CICU,TICU,NMICU,SICU,NSICU,CTVS)
 - Pediatrics
 - Obstetrics and gynaecology
 - OPD
 - Orthopedic
 - Neuro Rehabilitation
- 2 months -
 - **Clinical Posting**
General Hospital Ernakulam
As a part of clinical Posting I worked under
 - OPD
 - ICU
 - IPD
- 1months -
 - **Clinical Posting**
General Hospital Kottayam
As a part of clinical Posting I worked under
 - OPD
 - IPD
 - ICU
 - Stroke Rehabilitation
- 2months -
 - **Clinical Posting**
Believers Church Medical College Hospital,Thiruvalla
As a part of clinical Posting I worked under
 - PMR Department
 - OPD
 - IPD

- o ICU
- o Orthopedic
- o Obstetrics and gynaecology

- • **Preinternship**
Aster Medcity Kochi

- • **Community posting**
1. Abhayabhavan Arppokkara Kottayam
2. Navajeevan trust Villunni, Kottayam

SKILLS

- Interpersonal skills
- Active listening
- Physical stigma
- Patient Assessment
- Performing therapy intervention
- Time management and punctual
- Enthusiastic and willing to learn

PROJECTS

- **Final year project**
Prevalence of Piriformis tightness in lowback pain among collage students
- **Internship project**
Muscle Energy Technique (MET)

INTERESTS

- Community service

LANGUAGES

- English (speaking , writing , reading)
- Malayalam (speaking, writing, reading)
- Tamil (speaking, writing, reading)
- Hindi (speaking, writing, reading)

EXTRA COURSE

- Musculoskeletal and sports taping

REFERENCE

- **Priya Accal Thomas - School of Medical Education Gandhinagar Kottayam**
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