



Anuja Baby

anujasherlybaby36@gmail.com
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Profile Summary

An experienced Efficient, innovative, and patient-oriented certified Nurse with 5 years' experience supporting healthcare initiatives and daily hospital operations. Proactive and reliable multitasker with excellent organization skills and ability to prioritize patient needs and coordinate daily basic care needs. Highly motivated team player with excellent written and verbal communication skills, attention to detail, and passion for process improvement efforts.

Experience

MEITRA HOSPITAL CALICUT | 08/10/2019 ~~working~~
22/08/2023|(3 years and 10 months) Staff Nurse
| CCU
Duties : Morning, Evening, Night

RAMAIAH MEMORIAL HOSPITAL BANGALORE
16/01/2018 - 06/05/2019 | (1 Year 4 Months)
Staff Nurse | Neuro ICU
Duties : Morning, Evening, Night

Education

B.SC. NURSING: 2013-2017
Rajiv Gandhi University of Health Science Karnataka
Aggregate: 66

HSE: 2011-2013
ST. George Higher Secondary School Kothamangalam
Aggregate | 70

SSLC: 2011
ST. George Higher Secondary School Kothamangalam
Aggregate: 74

Registration Details

COUNCIL	:	KERALA NURSES AND MIDWIVES COUNCIL
REG.NO	:	KL04201902332
DATE OF REG	:	01/10/2019

Personal Data

Name : **Anuja Baby**
Date of Birth : **01st December 1995**
Nationality : **India**
Religion : **Christian**
Marital Status : **Single**
Father's Name : **Baby V J**
Skype Id : **live.cid.62d74a52712d247a**
Languages Known : **English, Malayalam, Kannada**
Current Address : **Meithra Hospital**
Kunduparamba
Calicut, Kerala
Permenent Addrss : **Vettikkamattam H**
Kuthukuzhi PO
Kothamanagalam, Ernakulam Dist.
Kerala.

Duties & Responsibilities

- General assessment of the patient & maintaining highest possible standard patient care with all aseptic technique
- Admission, discharge, transfers of patients and maintaining their records.
- Hourly maintaining urine output, IV fluids, blood pressure, respiratory rate, temperature of patients.
- Maintaining nutritional states of patients on tube feed and parenteral nutrition.
- Assessing the skin integrity of bed ridden patients.
- Blood collection, Cannulation & Blood transfusion.
- Use of various modes of oxygen administration, Cardiopulmonary resuscitation & Intubation.
- Urinary catheterization & its care.
- Use of infusion pump & syringe pump.
- Administration of Medications and Injections.
- Analyzing and evaluating the effectiveness of care to patients.
- Interpreting clinical results and initiating investigations.
- Providing clinical support and training to staff and student
- Preparing nursing care plans.

- Teaching family members how to maintain health at home.
- Creating a welcoming, caring and safe environment for patients and their families.
- Counter checking narcotic drugs and crash cart items

Job Specification-Cardiac ICU

- Managing cardiac emergency cases.
- Receiving and managing post procedure cardiac patient, Cath lab cases, and post implantation patients.
- Management of patient on ventilator.
- Performing removal of PTCA, PTA, IABP sheath.
- Assisting in procedures like TEE, HUTT, TPI insertion and removal.
- Assisting in Flecainide drug challenge test and aspirin desensitization test.
- Practicing care bundles (VAP, CAUTI, CLABSI, SSI)
- Monitoring clinical alarms.

Equipment's Handled

- Defibrillator
- AMBU-bag
- Pulse Oxy Meter
- Syringe Pump
- Infusion Pump
- ECG Machine
- Glucometer
- Suction Apparatus
- NIBP monitor
- Laryngoscope
- Noninvasive Mechanical Ventilator
- Central Venous and arterial Pressure Monitor
- IABP
- ACT Machine
- ABG Machine

Personal Competencies

- Able to work responsibly and under own initiative.
- Possessing excellent written and verbal communication skills.
- Having a calm disposition and the ability to think quickly.
- Ability to organize and prioritize work.
- Able to assess patient's physical, psychological and social problems.
- Reporting and investigating any untoward incidents.
- Participating in the clinical education of student nurses

Skills Obtained During the Period

- Surgical Dressing
- Administration of Medications: Oral and Parenteral
- Ryle's tube insertion and feeding
- Arterial and venous blood collection
- Suctioning oral, endotracheal and tracheal
- IV Cannulation
- Blood transfusion
- Tracheostomy care
- Colostomy Care
- Oxygen Inhalation
- Bag and mask ventilation
- Obtaining ECG
- I.C.D. care
- Pre and Post-Operative Surgical Care
- Urinary catheterization
- Cardio Pulmonary resuscitation
- Usage of safe technique, infection control policies and protocols

Procedures Assisted

- Intubation and extubation
- Basic life support (CPR)
- Lumbar puncture
- Temporary pacemaker insertion
- Bone marrow Aspiration
- Pericardiocentesis
- Central Line and Arterial line Insertion
- E.C.G Recording

References

Mr. Shaji

Chief nursing officer Meitra hospital,
Calicut

Mob : +91 9845210022

Mrs. Manju M.K

Deputy chief nursing officer Meitra hospital,
Calicut

Mob : +91 9718207517

Declaration

I hereby declare that all the details mentioned above are in accordance with the truth and fact as per my knowledge and I hold the responsibility for the correctness of the above-mentioned particulars.

Place:

Anuja Baby

Date: