



CHRISTOPHER ALIAS

OBJECTIVE

As a fresh graduate in Physiotherapy, I am equipped with the fundamental knowledge and practical skills required to excel in this field. I am passionate about helping patients to achieve their full potential and improve their quality of life. To obtain a challenging position as a Physiotherapist in a dynamic healthcare organization where I can utilize my knowledge and skills to provide the best care and treatment to patients while continuously learning and growing as a professional.

EXPERIENCE

- **Alvas college of physiotherapy**

2023 feb - 2023 sep

Internship

I have completed my clinical internships, where I was exposed to various musculoskeletal, neurological and paediatric conditions. I have experience in conducting assessments, formulating treatment plans, and implementing evidence-based physiotherapy interventions

EDUCATION

- **Alvas college of physiotherapy**

2018 - 2023

Bachelor of physiotherapy

59

PROJECTS

- **PREVALENCE OF MOBILE DEVICE RELATED HAND PAIN AMONG PHYSIOTHERAPY STUDENTS**

Smart phone addiction can cause serious problem especially for students, many smart phone users experience pain in the hand region. Physiotherapy students should know about the duration of smart phone use to minimize the hand pain

ACHIEVEMENTS & AWARDS

- •Two days workshop exercise based hands on workshop "EXERCISE AND PAIN" exploring the complex relationship. How to assess and plan exercise program
- •Instrumental Assisted Soft Tissue Mobilization

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SKILLS

- Patient education
- Communication
- Time management
- Empathetic care

INTERESTS

- Sports
- Traveling

LANGUAGES

- English
- Malayalam
- Kannada
- Tamil