

ARCHANA BABU

Registered Nurse

Kerala nursing registration No: KL03201900694

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Location : Kerala , India



OBJECTIVE

Passionate and resourceful professional with **3+ years'** experience in Nursing. Confident in providing exceptional care for patients whilst also leading a team of RNs and junior Nurses. Experience in dealing with a broad range of medical conditions such as heart disease, Diabetes, respiratory and skin conditions. Effectively communicating with other medical professionals, as well as educating patients and family members about managing their conditions. Mentoring and training of junior members and staff.

PROFESSIONAL EXPERIENCE – (3.1 years)

❖ **1.3 years (1st April 2019 to 9th July 2020) working experience as a ward nurse in Moolchand kaharaitiram hospital, Lajpathnagar new delhi**

Staff Nurse in Medical surgical Ward

Duties and Responsibilities:

- Provides general nursing care to patients in hospital
- Provide prescribed medications and treatments in accordance with approved nursing techniques.
- Prepares equipment and aids physician during treatments and examinations of patients
- Observes patient, records significant conditions and reactions, and notifies supervisor or physician of patient's condition and reaction to drugs, treatments
- Takes temperature, pulse, blood pressure, and other vital signs to detect deviations from normal and assess condition of patient.
- Evaluate patient health during emergency room stays and watch for signs of improvement.
- May prepare rooms, sterile instruments, equipment and supplies, and hand items to medical practitioner.
- Providing instant care during medical emergencies, like car accidents, burns, heart attacks and strokes.
- Providing necessary guidance on health maintenance and disease prevention.
- Maintaining reports of patients' medical histories, and monitoring changes in their condition.
- Checking the stock on a regular basis for maintaining the inventory level, and placing orders if required.
- Maintaining hygienic and safe working environment in compliance with the healthcare procedures
- Attending educational workshops for enhancing professional and technical knowledge.

❖ **8 months working experience as a Staff nurse in PVS Government Covid apex center Ernakulam. From October -06, 2020 to May 17, 2021.**

Staff Nurse in Covid apex center

Duties and Responsibilities:

- Administered medications, tracked dosages and documented patient conditions.
- Monitored and recorded patient conditions, vital signs, recovery progress and medication side effect.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.

- Improved patient outcomes and quality of care by determining and suggesting changes to processes.
- Reached out to patients to convey lab results and provide care instructions
- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Facilitated patient flow during emergency situations, direct evacuations, admissions and transfers.



❖ **1.2 years (13th October 2021 to 3rd December 2022) working experience as a Staff nurse(PICU) in Fortis Escorts Heart Institute, Okhla, New delhi**

Staff Nurse in PICU

Duties and Responsibilities:

- Assessed and cared for patients with heart problems and conditions.
- Responded with initial diagnosis to person undergoing sudden life-threatening emergency.
- Monitored patients for any negative signs of a change in condition.
- Administered medication and helped with basic personal care needs.
- Developed a plan of action for the patient's care.
- Provided a collaborative approach to patient care
- Examined patients and provided life sustaining measures and medications as needed; Ventilators, external pacemakers, CVP pressures, NG tubes, Arterial lines, Dobutamine/Dopamine drips etc.
- Liaised between patients, physicians and family members to ensure comprehension of treatment plans.
- Diagnosed and treated patients with chronic and acute health problems such as TGA, TAPVC, congenital heart disease, myocarditis, coarctation of aorta etc.
- Assist cardiac catheterization procedure
- Made appropriate interventions by reading and interpreting cardiac heart monitors.
- Organized and maintained patient's chart.
- General nursing duties including but not limited to; Vital signs, insertion of IV's, recording I&O's, Foley Catheters and Ventilators.
- Remarkable experience in Intensive and Coronary Care Unit
- Providing Intubation and Ventilatory Care
- CVP Line and Arterial Line insertion
- Assisting for Biopsy
- I V Line insertion and Medicine administration
- Defibrillation and Cardio version
- C P R and Ambu bag ventilation
- Monitoring E C G , Saturation , C V P and Arterial blood pressure

ACADEMIC QUALIFICATION

-  PLUS TWO under Board of Higher Secondary Examination from Govt higher secondary school thannermukkom with **64% Marks**
-  STD X under Board of Public Examination from St. Mathew's high school kannakara with **74% Marks.**

PROFESSIONAL QUALIFICATION

COURSE	INSTITUTION	YEAR OF PASSOUT
BSC NURSING	BCF college of nursing chemmanakari, vaikom,Kerala,India	2018

SKILLS

- Health Assessment
- Problem solving
- Flexible and adaptable
- Teamwork
- Condition assessment
- Leadership

EQUIPMENT USES

- Defibrillator
- Ventilator
- ECG Monitor
- Pulse Oximeter
- Nebulizer
- Warmer
- Suction apparatus
- Thermometer
- Sphygmomanometer
- Laryngioscope
- Oxygen Cylinder
- Glucometer
- Infusion Pumb
- Syringe Pumb
- Cardiac Monitor
- AMBU Bag

PERSONAL PROFILE

Nationality	:	INDIAN
Birth on	:	11th May 1997
Age	:	25
Gender	:	Female
Caste & Religion	:	Hindu ,Ezhava
Marital Status	:	Married
Husband Name	:	Rahul P.R
Fathers Name	:	Babu M.A
Fathers Occupation	:	Toddy Taper
Languages Known	:	English, Hindi, Tamil & Malayalam
Hobbies	:	Reading ,Gardening , Cooking , Music
Passport No	:	T3116005

DECLARATION

I hereby declare that above given information's are true to the best of my knowledge and belief and can be supported relevant documents when needed and I assure you that I can work the best of my ability to the satisfaction of organization management

Place : Thannermukkom, Kerala, India.

Date : 16 - February -2023

Yours Faithfully,

Archana Babu