

# YASMEEN MEMON | CLINICAL NUTRITIONIST

Kochi, Kerala | +91 7261927916 | yashuz1608@gmail.com

## PROFESSIONAL SUMMARY

Clinical nutritionist focused on conducting detail nutrition counseling and develop personalized diet plans , helping individuals to achieve their health goals and promote healthy lifestyle.

## CORE COMPETENCIES

- ✓ Nutrition Education
- ✓ Counseling
- ✓ Nutritional Assessment
- ✓ Diet plan preparation
- ✓ Weight loss/gain programs
- ✓ Diet Modification
- ✓ Community Nutrition
- ✓ Nutrition therapy for chronic diseases

## PROFESSIONAL EXPERIENCE

Intern at MGM Hospital & Research Center, Belapur : January - June 2022 under Gauri Bhoite

Intern at MGM Hospital, Kamothe : June - October 2022 under Mona Singh

Intern at MGM New Bombay Hospital, Vashi : January - March 2023 under Shifali Mehra (RD)

Certified Diabetes Educator [NDEP]

Certificate course in Oncology Nutrition , PCOS & Lifestyle Management [NIND]

## EDUCATION

2016 (SSC) | Alphonsa High School : 84.20%

2018 (HSC) | Nirmal Bethany High School & Junior College : 63.69%

2021 (Graduation) | SNDT Women's University [BSc Food Science and Quality Control] : 78.8%

2023 (Post Graduation) | MGM Institute of Health Sciences [MSc Clinical Nutrition] 8.47 CGPA