

## Dr. SETHU LEKSHMI S

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### CAREER OBJECTIVE

Looking for continuing a career as Anesthesiologist. To become a confident, efficient and reliable anesthesiologist by continued acquisition of knowledge and clinical experience. To utilize the experience gained to assist the department in achieving its missions and goals.

### EDUCATIONAL QUALIFICATION

- **M. D Anesthesiology**

Regional Cancer Centre, Thiruvananthapuram  
Kerala University of Health Sciences  
Regular stream (2016-2019)

Course includes one year of posting at Government Medical College, Thiruvananthapuram.

- **M.B.B.S**

Amala institute of medical sciences, Thrissur  
University of Calicut  
Regular stream (2006-2012) including CRRI of 1 year

### EMPLOYMENT DETAILS

#### 1) Senior registrar – G.G Hospital, Thiruvananthapuram (Nov 2020-Nov 2023)

Department of Critical care: -

The work involves management of critically ill patients in medical ICU & Cardiac ICU, anaesthesia for cases at subsidiary centre, providing NORA for bedside procedures in ICU, radiology suite & Cath lab.

#### 2) Govt. Medical College Thiruvananthapuram (Sept 2019 – Sept 2020)

Department of Anesthesiology: -

Work involves rotational posting and duties in various departments

- Obstetrics, Pediatric surgery, Neurosurgery, Orthopedics, Trauma OT, Gastro surgery, Renal transplant etc.

### KEY SKILLS

- Pre-operative assessment and patient optimization aiming safe anaesthesia practice
- Safe intraoperative anesthesia administration, monitoring and trouble shooting
- Trauma OT work experience
- One-lung ventilation with double lumen tube
- Intravenous sedation and anesthesia for non-operating room procedures for children and adults.
- Neuraxial anesthesia techniques
- Ultrasound guided nerve block and vascular access.
- Post-operative pain management.
- Difficult airway management.
- ACLS certified provider
- Obstetric and pediatric anesthesia training from SAT, Trivandrum.
- Critical care exposure

### RESEARCH AND PUBLICATIONS:

1. MD dissertation  
“Performance in six-minute walk test to predict post-operative pulmonary complications in a tertiary centre: a prospective observational study”  
**Publication: Indian journal of anesthesia, pg 64;55-61/ January 2020**
2. ‘Assessment of efficiency of ARISCAT score in predicting the post-operative pulmonary complications in esophagectomy patients at a tertiary cancer care hospital: a retrospective analysis’.  
**Publication: JMSCR, vol 08/issue 08/pg 218-224/august 2020**

### OTHERS:

- Member of Indian Society of Anesthesiologists and Indian Medical Association.
- Poster presentation at the national conference “ISACON-2017” at Kolkata.

## PERSONAL INFORMATION

Date of Birth : 36 yrs., 6th June 1987  
Gender : Female  
Mother Tongue : Malayalam  
Fluent Languages : English, Hindi, Malayalam (Read and write)

## REFERENCES

1. Dr. Rajesh. S (DnB- General Medicine, FNB - Critical Care)  
Chief Intensivist  
MDICU, G.G. Hospital Trivandrum  
Phone: 8075535679
2. Dr. Mary Thomas (DA, DNB – Anesthesia)  
Additional professor  
Department of anesthesiology &critical care  
RCC, Trivandrum.  
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