

“Application for the Post of Staff Nurse”



CURRICULUM VITAE

Name : **BINDU THOMAS**

Present Address : Neeramplakkal, Kanakappalam P.O.
Erumely, Kottayam Dist, Kerala, India.

Residence Location : Kanakappalam, Erumely.

CONTACT TELEPHONE : **Mobile:** +91 8547817723 / +91 7736840756
E-mail : **jb_varghese@yahoo.com**

Educational Qualification : **Pre-Degree from M.G. University, Kerala**
: **Diploma in General Nursing & Midwifery**
: **First Aid & CPR Knowledge.**

Certification : **Kerala Nurses & Midwifery council**
Validity up to May-2024

TOTAL YEARS OF EXPERIENCE : **6.6 YEARS.**

Summary of Experience

1. Since 14 Nov. 2022 - : **RANNY MARTHOMA MEDICAL MISSION HOSPITAL**
20 Dec. 2023 Multispecialty Hospital – 200 beds capacity
Job Title: Staff Nurse – Casualty
2. Jan 2005 – Feb 2006 : **SAUDI GERMAN HOSPITAL, SAUDI ARABIA.**
Multispecialty Hospital with 400 beds capacity.
Job Title: Staff Nurse – Emergency Room.
3. July 2001 – July 2003 : **CENTURY HOSPITAL, KERALA**
Multispecialty Hospital with 300 beds capacity.
Job Title: Staff Nurse – Medical & Surgical Ward
4. Nov 1999 – May 2001 : **USHA MULLAPUDI CARDIAC CENTER, HYDERABAD**
Cardiac Hospital with 200 beds & 25 ICU beds capacity.
Job Title: Staff Nurse – I.C.U.
5. Oct. 1998 – Nov. 1999 : **MEDICITY HOSPITALS, HYDERABAD, INDIA**
Multispecialty Hospital with 300 beds capacity.
Job Title: Staff Nurse – I.C.C.U.

Other Course / Programs attended:

Sl.No.	Program / Course	Duration	Conducted By
1	Hospital Fire Safety	March – 2005	Saudi German Hospital
2	2 nd ER & Trauma Symposium	March – April 2005	Saudi German Hospital

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Summary of duties performed:

- Perform basic nursing care activities independently.
- Assist doctor and senior nursing staff during treatments and examination of patients.
- Maintain safe precautionary measures while during nursing care.
- Provide nursing care to the patient (In Patient duties when assigned / required)
- Evaluate nursing care by monitoring and performing concise recording of observations and vital signs.
- Prioritize the care needed based on the critical nature and severity of the patient.
- Obtain the patient’s medical history and personal information.
- Intervene appropriately in clinical emergency.
- Administering medicine as prescribed by the doctor.
- Confirm current medications of the patient and take advice from ER Doctor as required.
- Assist ER Doctor in minor medical procedures like suturing wounds.
- Set up equipment and procedure rooms for each case.
- Observe patient for any possible complications.
- Maintain a safe, clean, and organized environment for the patient wellness.

Other Details

Marital Status	:	Married
Religion	:	Christian
Date of Birth	:	9 th October 1975
Nationality	:	Indian
Languages Known	:	English, Hindi & Malayalam.

BINDU THOMAS

Date: 01.01.2024