

# Resume

**Dr. Nithin Thomas**

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**Languages Known**-Malayalam, English, Tamil, Hindi|

**Reg.No:**153004

**Address**– Neeramplackal House, Prayikara, Mavelikara, Alleppy, Kerala. Pin code-690101

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## Education

**MBBS, MD (Tuberculosis & Respiratory Diseases)**

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### Education Details

2022-**MD Respiratory Medicine**, Shri Satya Sai Medical College and Research Institute, Ammapettai, Chennai

2016- **Bachelor of Medicine and Bachelor of Surgery**, Dr. Somervell Memorial CSI Medical College, Karakonam, Trivandrum.

2009-Bishop Moore Vidyapith, **ISC (Indian School Certificate)**, Mavelikkara.

2007- Bishop Moore Vidyapith, **ICSE (Indian Certificate of Secondary Education)**, Mavelikkara.

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## Experience

**27/7/2015-31/8/2016**-Dr. Somervell Memorial CSI Medical College-Intern

**17/10/2016-31/10/2017**- Worked as a Junior resident in Believers Church Medical College Hospital in General Medicine Department, Kuttapuzha, Thiruvalla

I was responsible for the initial evaluation and management of patients admitted to Internal Medicine. I was able to manage emergencies as well as day-to-day patient care in the wards and able to perform all procedures including emergency care

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## **CURRENT STATUS :(from August 2022-tilldate)**

I am working as assistant professor at SHRI SATHYA SAI MEDICAL COLLEGE,AMMAPETTAI, THIRUPORUR, a Tertiary care center catering to the rural population in and around the rural community.

I deal with critical care patients including both end-stage and improving patients. As a bronchoscopist, I have done a minimum of 50 bronchoscopies both as diagnostic and therapeutic procedures.

At present, I work under a senior consultant pulmonologist from whom I believe I have learned a lot, in modes of patient dealing and basic interventional procedures, giving me the confidence to working prestigious hospitals like yours.

### **AREASOF INTEREST:**

- 1. Infectious diseases.**
- 2. Allergies and Immunology**
- 3. Sleep disorders.**
- 4. Pleural diseases.**
- 5. Occupational respiratory diseases.**
- 6. Pulmonary rehabilitation**

### **RESPONSIBILITIES**

- Handling the diagnosis, treatment, and referrals for patients.
- Assisted in several life-saving procedures.
- Managed the outpatient nursing staff.
- Procedures- Bronchoscopy, ICD, Thoracocentesis.
- Completed ACLS/BLS.

## Awards & Acknowledgements

- Paper and poster publications during my period of post-graduation in National and State conferences.
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## PUBLICATION

-Published an original article -Thomas N, Rajalingam R, Vallabhaneni V, Varghese J. **A Cross-Sectional Descriptive Study to Ascertain Factors Influencing Delay in Diagnosis among Newly Diagnosed Pulmonary Tuberculosis Patients.** Indian Journal of Respiratory Care| Volume. 2022 Oct;11(4):342.

-Published a case report on the topic “**Wegner’s Granulomatosis with a difference**”- Thomas N, Vallabhaneni V, Varghese J, Ragulan R, Sundarraj S. **Wegener's Granulomatosis with a Difference.** 2022; 5 (2):47-48. **DOI:** 10.5005/jp-journals-10082-03135

-Published a review article on the topic “**Factors Affecting Diagnostic Delay in Newly Diagnosed Pulmonary Tuberculosis Patients in the Modern Era: A Brief Review**”- Thomas N, Vallabhaneni V, Varghese J, Ragulan R. **Factors Affecting Diagnostic Delay in Newly Diagnosed Pulmonary Tuberculosis Patients in the Modern Era: A Brief Review.** 2022; 5 (2):39-42. **DOI:** 10.5005/jp-journals-10082-03147

-Mededi SB, Varghese J, Rajalingam R, V V, Thomas N. **Influence of epidemiological factors on asthma phenotypes among asthma patients attending a tertiary care center – A cross-sectional study.** Asian J Med Sci [Internet]. 2022 Aug. 1 [cited 2022 Aug. 24];13(8):110-5. **DOI:** [10.3126/ajms.v13i8.43900](https://doi.org/10.3126/ajms.v13i8.43900)

Orchid ID- <https://orcid.org/0000-0002-8347-9509>

## Membership

1. Member of the Indian Chest Society (ICS)
2. Member of the European Respiratory Society (ERS)
3. Member of the Asian Pacific Society of Respiriology (APSR)

## REFERENCES

- **DR.VISWAMBHAR V.**

PROFESSOR AND HOD IN **DEPT OF RESPIRATORYMEDICINE** IN  
SHRI SATHYA SAI MEDICAL COLLEGE, AMMAPETTAI,  
THIRUPOPUR.**SENIOR CONSULTANT IN APOLLO HOSPITALS,**  
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- **Dr. Ragulan R**

PROFESSOR IN **DEPT OF RESPIRATORY MEDICINE** IN  
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- **DR. JEREENVARGHESE**

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- **DR. VENKATESHRETHINAVEL**

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- **DR. SREEKAANTH S**

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All the above- mentioned details are true and I will take up the responsibilities assigned to me and would be an asset to your prestigious institution.

Thanking you

Yours Sincerely,  
Dr. Nithin Thomas