



SAJEENA.BI

Dietitian

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DOB: 19/11/1998

Address: Baliya Illam (H), Chetlath Island, Lakshadweep
682554

SKILLS

- ✓ Good communication skills
- ✓ Strong interpersonal skills
- ✓ Hard working person and quick adaptability
- ✓ Showing tolerance and patience when dealing with patients, relatives and carers.
- ✓ Disciplined and strictly inclined to work
- ✓ Excellent IT skills

LANGUAGES

- English
- Malayalam

HOBBIES

- Cooking
- Reading
- Gardening

CERTIFICATES

- Completed 6 months, **Diploma in Computer Applications (DCA)** Course under G-TEC computer Education (2013)
- Training for Dairy products Conducted by Dairy training Centre, Kottayam on 19-23 Sep 2017
- National webinar on **Frontiers in Food Science** organized by Department of food science and quality control, NSS Hindu college Changanacherry in collaboration with MG university ,Kottayam on 2nd-3rd Aug 2018

REFERENCE

- Prof. Swapna George
Dept. Of Clinical nutrition and Dietetics,
Alphonsa college, Pala, Kottayam
Phone: +919495336884
- Mrs. Princy Thomas
Chief Dietician
Rajagiri Hospital, Aluva, Ernakulam

CARRIER OBJECTIVE

To utilize my knowledge and skills in nutrition science to provide evidence-based dietary counseling and education, develop personalized nutrition plans, and collaborate with healthcare professionals to promote optimal health and wellbeing for individuals and communities.

EDUCATION

Master of Science in Clinical Nutrition & Dietetics- 2019-2021 Alphonsa College,Pala, Kottayam, India

Bachelor of Science in Clinical Nutrition & Dietetics -2016-2019, Alphonsa College,Pala, Kottayam, India

12th, STATE -2016, GSSS CHELATH ISLAND, LAKSHADWEEP

10th ,STATE -2014, GSSS AGATTI ISLAND ,LAKSHADWEEP

EXPERIENCE/INTERNSHIP

Dietician Training - Almas Hospital- Malappuram MAY 2022-MAY 2023

(NABH Accredited)

- Providing nutritional counselling, support and advice to adults and children. Evaluating patient's nutritional needs and completing orders for all patients.
- Monitoring patient's food intake and progress. Explaining a patient's dietary plan and what they are expected to gain from it.
- Offering support with feeding tubes and other specialist equipment. Effectively communicating with medical, nursing, clinical and non-clinical staff on daily basis

Dietician Intern - Rajagiri Hospital- ALUVA JAN 2021-AUG 2021

(NABH, NABL AND JCL Accredited)

- Clinical nutrition setting: contributes to the design and implementation of a plan of patient nutrition care, based on identification and assessment of a patient's nutritional needs, correlated with other health plans.
- Ambulatory care settings: contributes to the planning and delivery of the nutrition component of the care plan as well as nutrition education in the appropriate and assigned settings.
- Food service rotation: involved in management and delivery of quality food items to patients and guests.
- Research: Coordinates extensive literature review with guidance and gains exposure to the dietitian's role in a clinical research setting