

RIZANA H



CERTIFIED NURSE AND MIDWIFE

OBJECTIVE

Proficient and self-driven registered nurse (RN) with clinical experience seeking immediate opportunities to join in healthcare administration and passion for continued personal and professional growth.

Chittezhathu Vadakkathil
Kumarapuram P.O
Alappuzha
Pin: 690548

Mob: 7902970373
Email: hrizana3@gmail.com

PROFESSIONAL SKILLS

- Attention to detail
- Good communication
- Team player
- Dealing with Emergency situations
- Self-confident

PERSONAL DETAILS

Name: RIZANA H
DOB : 27/02/2001
Father : Hameed Kuty
Mother: Nazeema A.K
Gender: Female
Nationality: Indian
Religion: Islam
Marital status : Married
Languages: English & Malayalam

RESEARCH & WORKSHOPS

- Research on "Effectiveness of pranayama to reduce the exam oriented anxiety of fourth year B.sc Nursing students"
- Workshop on Reflective practices conducted by INSCOL Health Skills

PROFESSIONAL QUALIFICATION

Name of Examination	Name of Institution	Board/ University	Year of Completion
BSc. Nursing	Dhanalakshmi College of Nursing, Kakkad, Kannur	Kerala University of Health and Science	2023

BASIC EDUCATIONAL DETAILS

Name of Examination	Name of Institution	Board/ University	Year / Period	Percentage Obtained
Plus Two	G.M.B.H.S. School Haripad	Kerala Higher Secondary Examination	2016-18	83%
SSLC	Govt. Girls H.S.S Haripad	Kerala Board Secondary Examination	2015-16	97%

CLINICAL EXPERIENCE DURING COURSE

Year	Hospitals	Area of practice
1 st year	Dhanalakshmi Hospital Kannur	Medical Ward
2 nd year	Dhanalakshmi Hospital Kannur	Medical ward, surgical ward, Emergency and Operation theatre
3 rd year	Dhanalakshmi and Max mind rehabilitation center, Aravanchal	Medical ward, surgical ward, pediatric ward, oncology ward, MICU, ICCU Psychiatric ward
4 th year	Dhanalakshmi Hospital Kannur	Antenatal ward, postnatal ward, labor room, Gynecology ward, NICU, Post-operative unit

DECLARATION

I, Rizana H, hereby declare that above mentioned information are true and best of my knowledge.

Date :

Signature: