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Experience

Intern

Mar 2019 - Feb 2019 (less than a year)

Worked as an Intern at the hospital. Rotated at all the departments including Medicine, Surgery, Pediatrics, OB-GYN, Anesthesia, Orthopedics, and Radiology. Directly involved in hands-on in-patient and outpatient clinical care under the supervision of an attending physician and senior resident.

Medical Officer

Indian Army

Medical Officer

Provided primary, emergency, preventive, and referral medical care for personnel and families at the base.

* Also Responsible for maintaining infection prevention at the barracks. My responsibilities also involved clinical and administrative tasks for the 20-bed Hospital unit.

* I was also responsible for providing training and education to paramedical staff in the unit.

* I received medical training to transport and manage casualties under active combat conditions. Have coordinated and worked with civil health authorities, especially during the COVID pandemic.

* I have organized educational camps, blood collection drives, cancer screening, and, lectures and presentations for personnel. Worked as an adviser to the Commanding Officer on all matters related to the health of the troops and their families.

* I have organized and provided medical care for the nearby villages as an outreach measure. I have received training to organize medical relief camps during national disasters and natural calamities. Also received training to handle casualties in the event of a chemical/Biological/Radiological/Nuclear disaster or warfare.

Medical Officer

Elamkulam Hospital

Worked in the Department of Internal Medicine as a Duty Medical Officer. My role included handling the Medical Outpatient Department and also taking care of patients admitted to the ward at a 100-bed hospital.

Clinical Research Coordinator

National Institute of Mental Health and Neuro Sciences

Worked in the Dept. of Neurology under Prof. Nalini A and Prof. TN Satyaprabha as part of the project funded by the Indian Council of Medical Research- Centre for Advanced Research - "Glia mediated neuroinflammation in Amyotrophic Lateral Sclerosis – A translational approach through human studies and experimental models".

Clinically assessed, did workup, and recruited Amyotrophic Lateral Sclerosis patients as per the inclusion and exclusion criteria set by the protocol of the study. Also conducted follow-ups through telephonic calls and home visits. I was also responsible for maintaining and updating the patient records.

I have also taken part in clinical meetings and conferences and was also involved in writing manuscripts for the articles.

Medical Scribe

Clinical Intern

SERVE

I shadowed Dr. Raghav Mohindra, internal medicine- geriatrics specialist at his office in Crossroads, Texas. Got first-hand experience of the US healthcare system. Took detailed patient history, performed physical examination, and discussed the various differentials and treatment options with my attending. Actively participated in clinical debates. Saw the most common ailments in elderly patients who also suffer from different comorbidities and learned how they are managed in rural outpatient settings.

Dr. Mohindra taught about the Electronic medical records system and how patient data is managed in the US.

Observed the attending during counselling, education, and discussion of treatment plans with the patients.

Clinical Observer: University of Texas Health Sciences Centre, Houston and Memorial

Hospital CMO

With Dr Biswajit Kar and Dr. Sriram Nathan, Dept of Cardiology- In-patient and outpatient settings.

Observed Dr. Kar and Dr. Nathan while taking patient history, performing physical examination, and discussing the differential diagnosis and treatment plans. Observed them in the Cath Lab while cardiac intervention procedures were being carried out. I also Rotated in the ICU and participated in the hospital rounds daily. I took an active interest in journal clubs and clinical meetings at the hospital. Discussed and presented cases and clinical topics in cardiology with him. Learned to read a Holter ECG and interpret an Echo report.

Volunteering Experience:

* Conducted rural health camps in Kasurdi village in the state of Maharashtra as part of community medicine training – 2016

* Conducted visits to old age homes, leprosarium, orphan homes, and schools for differently abled children.

Student

Jan 2017 - Jan 2018 (1 year 1 month)
and mentor to children aged 8-15 years at
Punelearns.org during my medical school years

Member

Jan 2016 - Jan 2019 (3 years 1 month)
- 2018- present- A nongovernmental organization based in
New Delhi that works toward ensuring food safety in impoverished city slums and
communities. Took part in food collection and distribution activities with the team
members.

Education

Armed Force Medical College, Pune

M.B.B.S, Bachelor of Medicine and Bachelor of Surgery, Physiology, Biochemistry and
Ophthalmology

Skills

administration • approach • c • conferences • council • counseling • diagnosis • english • hindi
• listening