



Babiya K Jacob

Nationality: Indian **Date of birth:** 17/12/2002 **Gender:** Female

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Home: Kalathilparambil Velloor, 686501 Kottayam (India)

WORK EXPERIENCE

Dietitian trainee

St. Gregorios Medical Mission Multi-Specialty Hospital [13/09/2023 – Current]

City: Pathanamthitta

Country: India

- Implementing evidence based nutrition knowledge into actionable nutritional assessment
- Diet planning and diet consultation
- Replacing unhealthy eating habits to sustainable food habits

Dietitian Trainee

Mother Hospital [15/06/2022 – 26/07/2022]

City: Thrissur

Country: India

- Experienced in assessing patients dietary needs and planned diet according to patient's requirements.
- Counseled patients on their medical condition and nutritional demand .

EDUCATION AND TRAINING

Bachelor of Science

Avinashilingam Institute of Home Science and Higher Education for Women [08/2020 – 06/2023]

City: Coimbatore

Country: India

Field(s) of study: Food Service Management and Dietetics

Final grade: 81.5%

Field of study involves:

- Food science
- Principles of nutrition
- Human physiology
- Food microbiology
- Diet therapy
- Nutritional biochemistry

Higher Secondary

MDSHSS [06/2018 – 05/2020]

City: Kottayam

Country: India

Field(s) of study: Biomaths

Final grade: 86.6%

DIGITAL SKILLS

Diet Planning / Diet Counselling / Diet Analysis / Patient Assessment / Patient Care / Communication Skills
/ Team Coordination / Time Management / Healthy eating habits / Nutritional needs / MS Office

VOLUNTEERING

Volunteer

[National Service Scheme, 2020 – 2023]

Actively participated in volunteering activities like blood donation, organizing medical camps, cleaning and sanitation and mentoring.

Co-Chairperson

[Dietetics Department, Avinashilingam University, 2020 – 2021]

Designed, implemented and managed successful training and lecture programs to meet department needs.

Volunteer

[National camp, Auro University, 09/08/2021 – 15/08/2021]

Represented and volunteered in various programs and lectures organized by the Auro university.

CERTIFICATIONS

45 days Food Safety Induction Program by Quality Fusion of India

[25/08/2023 – 08/10/2023]

International Conference on Indian dairying - Sustainability and Nutritional Security

[14/10/2022]

International Conclave - Sustainable measures to attain equitable health care in association with Indian Dietetic Association, Coimbatore chapter

[20/01/2022]

Five day course on PCOS and it's diet by Neha's diet mantra

[07/09/2021 – 11/09/2021]

LANGUAGE SKILLS

Mother tongue(s): **Malayalam**

Other language(s):

English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

French

LISTENING A1 READING A1 WRITING A1

SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Tamil

LISTENING A1 READING A1 WRITING A1

SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

REFERENCES

Dr. S. Karthiga

Assistant Professor

Food Service Management and Dietetics

Avinashilingam University

Coimbatore, India

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