Mijo N Joy

Registered Nurse

Nadukudyputhenpurayil House, Kadamattom PO, Kolenchery, 682311, India 06238610694 · <u>robinvalayil@gmail.com</u>

Date / Place of birth 10/08/1990, Kolenchery
Nationality Indian
Skills Leadership Skills
Motivated Attitude
Interpersonal Communication Skills
Honesty and Integrity
Patient Advocacy
Strong Interpersonal Communication Skills
Teamwork Skills
Hobbies Traveling Cooking
Languages English
Malayalam

Hindi

Profile

Passionate and dedicated nurse with over seven years of healthcare experience in a variety of medical settings, including emergency units and ICU.Vast experience dealing with a very broad range of medical conditions. Bringing forth the ability to thoroughly and accurately assess the health of patients and prescribe the proper treatment programs for optimal health moving forward. Adept in working as a collaborative team member to ensure that patients receive the highest level of care possible.

Employment History

Staff Nurse, PARAS HOSPITAL, Gurgaon

July 2013 - July 2014

- Worked to the best of my ability with an interdisciplinary team to provide optimum care to patients.
- Provides physical and psychological support to patients, friends, and families.
- Identifies patient care requirements by establishing personal rapport with patients and their families.
- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
- Assisted physicians in carrying out all treatments and day to day protocols.

Staff Nurse, Valiyuppappa Memorial Medical Centre, Perumattom

August 2014 - December 2016

- Provided high level patient care during heavy patient load periods needing additional personnel.
- Assisted hospital staff and other RNs in day-to-day tasks in accordance with patient care plans and physician's orders.
- · Assisted with duties in the ER
- Provided a level of care in accordance with the medical center's stellar reputation.

- Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and hospital or regulatory standards.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations.

Staff Nurse 2, FORTIS MEMORIAL RESEARCH INSTITUTE, Gurgaon

March 2017 - March 2018

- Assisted with obtaining personal information of patients and prepared paperwork in a timely and efficient manner.
- Worked to maintain a neat and functional admitting department, conducive to high quality care.
- Provided quick assessments and helped to determine treatment needed for patients requiring critical care.
- Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and hospital or regulatory standards.
- Resolves patient problems and needs by utilizing multidisciplinary team strategies.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations.
- Protects patients and employees by adhering to infection-control policies and protocols; medication administration and storage procedures; and controlled substance regulations.
- Documents patient care services by charting in patient and department records.

Staff Nurse , CENTER OF DIABETES AND ALLIED SCIENCES , Gurgaon $\,$

June 2019 - June 2020

- Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and hospital or regulatory standards.
- Resolves patient problems and needs by utilizing multidisciplinary team strategies.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations.
- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.

Staff Nurse, SRI BALAJI HOSPITALS

July 2020 - December 2021

 Identifies patient care requirements by establishing personal rapport with patients and their families.

- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
- Documents patient care services by charting in patient and department records.
- Maintains continuity among nursing teams by documenting and communicating actions, irregularities, and continuing needs.
- Maintains patient confidence and protects operations by keeping information confidential.

Staff Nurse, ASTER MEDCITY

March 2023 - September 2023

- · Restores and promotes patient's health by completing the nursing process.
- · Collaborates with physicians and multidisciplinary team members
- .Maintains continuity among nursing teams by documenting and communicating actions, irregularities, and continuing needs.
- Maintains patient confidence and protects operations by keeping information confidential.
- Ensures operation of equipment by completing preventive maintenance requirements; calling for repairs; and evaluating new equipment and techniques.
- Maintains nursing supplies inventory by checking stock to determine inventory level.

Education

SSLC , St Augustine Girls Higher Secondary School, Muvattupuzha
June 2006 — March 2007

Plus Two, HMHSS, Randar

June 2008 - March 2009

Nursing, MOSC SCHOOL OF NURSING, Kolenchery

October 2009 - March 2013

Courses

ACLS, ASTER MEDCITY