



THERESA JOSE MALIAKAL

CONTACT ME

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Kadapoor, Kottayam

EDUCATION

- Master Of Social Work
Ke College, Mannanam
2021-2023
- BSc Physics
Alphonsa College, Pala
2018-2021
- Higher Secondary Education
St Alosious Higher Secondary School
2016-2018
- Sfs Public School and Junior College
Elementary Education
2010-2016

EXPERIENCE

- Social Work Intern
ADARRT IRCA, Pala 01/08/22-31/08/22
Learned to Practice therapies, take psychoeducation classes, understood the importance of de-addiction in alcoholics and also about the physical and mental disorder it can cause.
- Social Work Intern
Maxmind Rehabilitation Centre, Kannur 20/01/22-20/02/23
Had done case history and MSE recording, conducted group therapy, provided psychoeducation, coordinated various activities and games to make the residents engaged.
- Social Work Intern
Al-Azhar Medical College, Thodupuzha 01/05/23-31/06/23
Understood about the medical emergencies and various schemes that is provided for the welfare of the patients. Also received an opportunity to work with the multidisciplinary team of the hospital and study about the role of Medical Social Worker
- Social Work Intern
Kidwai Institute of Oncology and Research, Bangalore 20/08/23-20/09/23
Learned about the different departments of oncology and various schemes offered by the karnataka Government for the free treatment of the Patient. Here I also received the opportunity to work with the welfare department of the hospital and explore the social work interventions in the Oncology Field

SKILLS

- PROFESSIONAL SKILLS : Psychosocial Assessment, Evaluation, Casework, Case Management, Interdisciplinary Collaboration, Documentation, Recording, Psychoeducation, Clinical Diagnostic Skill
- SOFT SKILLS: Communication, Educating, Teaching, Problem Solving, Welcoming, Program Coordination, Time Management
- TECHNICAL SKILLS: MS Word MS PowerPoint PPT Presentation

STRENGTH

patience

Empathetic attitude

Self-motivated

Active listener

LANGUAGES

English

Malayalam

ACHEIVEMENTS AND REWARDS

Certificate course on counselling and psychotherapy

Certificate in Electrical and Electronic Equipment Maintenance

Served as the University Union Counselor in Alphonsa College, Pala

PROJECT

A study on the Health Effects of Manual Scavenging
Academic Dissertation in the final semester of MSW

SOCIAL LEVEL

Organised a state level cultural programme named AWAKE for the mentally challenged children.

Student Member in Kerala Association of Professional Social Workers (KAPS)

Participated in the Flash mob organized by District Child Protection Unit, Kottayam in the connection with Anti-Drug Campaign.

Conducted class on Mental Health Awareness (St. Mary's Girls high school, Athirampuzha)

INTERNATIONAL CONFERENCES

Attended KAPS conference

Attended SC 2022 international conference in KE College, Mannanam

Attended SOWOCO 2021 international conference conducted by IMHANS