



# AMAL MATHAI

SOCIAL WORKER

+91 9497418636

amalmathaiedattu@gmail.com

Edattu, Kozha P.O, Kuravilangad,  
Kottayam, PIN : 686633, Kerala, India

## EDUCATION

### Master of Social Work (MSW)

(Specialized in Medical and  
Psychiatric Social Work)

Santhigiri College of Computer  
Sciences, Vazhithala.

Affiliated to Mahatma Gandhi  
University, Kottayam. (2021 - 2023)

### Bachelor of Arts in English Literature, Communication and Journalism (Triple Main)

Deva Matha College, Kuravilangad.

Affiliated to Mahatma Gandhi  
University, Kottayam. (2017 - 2020)

Higher Secondary Education :

### Computer Science and Information Technology

Govt. VHSS, Vayala, Kottayam.  
(2015 - 2017)

### Secondary School Education

St. Mary's HSS Kuravilangad, Kottayam  
(2015)

## SKILLS

- Communication
- Documentation
- Active Listening
- Decision Making
- Time Management
- Patience
- Organizing

## LANGUAGES

- English
- Malayalam

## CAREER OBJECTIVE

To obtain a challenging social work position where I can utilize my skills and experience to make a positive impact on the lives of individuals, families, and communities and to gain valuable experience in the social work field to continue my professional development.

## INTERNSHIP & FIELD WORK EXPERIENCES

### SUNRISE HOSPITAL, KAKKANAD, ERNAKULAM

#### (SOCIAL WORK TRAINEE)

- Home care : Elderly care,  
Palliative care & Counseling.
- In - Patient (IP) management &  
feedback collection.
- Occupational Therapy.
- Psychiatric Department.
- Emergency Department.
- Patient relations.

### LOUISE MOUNT HOSPITAL, CHENNALODE, WAYANAD

#### (SOCIAL WORK TRAINEE)

- Group work.
- Counseling.
- Case history taking.
- Mental Status Examination (MSE).
- Psychiatric Department.
- Occupational Therapy.

### WELCARE HOSPITAL, VYTTILA, ERNAKULAM

#### (SOCIAL WORK TRAINEE)

- Practiced Case History taking.
- Guided the patients.
- Assisted MEDISEP Executive.
- Assisted PROs.
- IP & OP Management.
- Assisted Marketing Team.

### RAJAGIRI OUTREACH, KALAMASSERY, ERNAKULAM

#### (SOCIAL WORK TRAINEE)

- Social Impact Assessment.
- Child Sponsorship Programme.
- ODIC - NISD Project.
- Volunteer at IOCL Training.
- Conducted surveys.
- Volunteer at Organic Fest.

### PALAKUZHA GRAMA PANCHAYAT, ERNAKULAM

#### (SOCIAL WORK TRAINEE)

- Report writing and Documentation.
- Conducted community programmes.
- Visited various departments working under Grama Panchayat.

### MANGALAM PUBLICATIONS PVT. LTD., KOTTAYAM

#### (ON-THE-JOB TRAINING)

- Report writing.
- News reporting from Press Club.
- Taking photographs for the news.
- Reported Social issues.

## CERTIFICATES

- **PARTICIPATORY RURAL APPRAISAL (PRA)**  
Palakuzha Grama Panchayat & Santhigiri College of Computer Sciences, Vazhithala.
- **PANCHAYATI RAJ SYSTEM AND DECENTRALIZED PLANNING**  
Kerala Institute of Local Administration (KILA).
- **LAWS AND LEGAL PROVISION FOR WOMEN**  
Kerala Institute of Local Administration (KILA).
- **THE FUNDAMENTALS OF DIGITAL MARKETING**  
Google Digital Unlocked.

## ACADEMIC PROJECTS

- **DISSERTATION :**  
A study on Psychosocial Problems and Learning Difficulties of the Non - Formal Equivalency Learners of Kerala State Literacy Mission Authority (KSLMA) with special reference to Kottayam District.
- **PROJECT IN JOURNALISM**

## ACTIVITIES

- Conducted **SWASTHA 2022 (Cancer awareness class, Screening Test, Free Mammogram drive and follow-up services)** at Palakuzha Grama Panchayat in association with Smita Memorial Hospital and Research Center Thodupuzha, Amrita Hospital Kochi, Rotary International Koothattukulam and Santhigiri College of Computer Sciences, Vazhithala.
- Conducted **SRADHA 2022 (Drug Awareness Programme)** at Fatima Matha Higher Secondary School Piravom, Ernakulam in association with OutREACH Drop-in Center (ODIC) Project, Rajagiri OutREACH Kalamassery, Ernakulam.
- Volunteer at the **Training Programme of Indian Oil Corporation Limited (IOCL), Kochi, Ernakulam.**

## REFERENCES


**Mrs. Suja Jamarin**  
HOD, Department of Social Work  
Santhigiri College of Computer Sciences, Vazhithala  
PH : +91 8606100371  
E-mail : sujajamarin@santhigiricollege.com

**Dr. George Kalapura**  
Psychologist and Counsellor  
Department of Psychology, Vimala Hospital, Kottayam  
PH : +91 9496379230, +91 9847304999  
E-mail : gkalapura@gmail.com

## DECLARATION

I hereby declare that the above mentioned information is true to the best of my knowledge and belief.

Kuravilangad  
15.11.2023

  
Amal Mathai