



Abin Baby

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Objective

To seek employment in dynamic and challenging environment with potential career growth where my diversified competencies and unique skills can be used for the growth and betterment of the organisation and myself along with fellow human beings and to improve the quality of life and overall well-being of the human kind

Experience

06/03/23 -
06/04/23

Mother Hospital Pvt Ltd Thrissur

Physiotherapy Intern

Worked as an intern at Mother hospital and has dealt with various sports injuries and orthopaedic conditions such as tennis elbow, fractures and common neurological conditions such as stroke , bells palsy etc.

10/04/23 -
03/06/23

Elite Mission Hospital koorenchery Thrissur

Physiotherapy Intern

Worked as an intern at elite Mission Hospital koorenchery and dealt with sports injuries such as groin injuries and various orthopedic conditions such as Osgood shalter disease, ACL complete tear etc and common neurological conditions such as stroke.

05/06/23 -
06/07/23

Little flower hospital and research centre Angamaly

Physiotherapy intern

Worked as an intern and had dealt with common orthopaedic and neurological conditions such as stroke, fracture etc.

10/07/23 -
30/09/23

Sree chithra tirunal institute for medical science and technology, Trivandrum

Physiotherapy intern

Worked as an intern and had dealt with rare neurological,cardiovascular and congenital heart conditions such as RRMS, DMD, ADEM, and has experience in dealing with ICU management in conditions like Myasthenia Crisis, ADEM,SMA and post surgical cases like schwannoma, Pituitary adenoma, TVR , MVR, AVR etc

Education

2023

Kerala University of Health Science

Bachelor's in Physiotherapy

67%

2018

Mar Augustines higher secondary school Thuravoor Angamaly

Higher Secondary Education

86%

2016

Vidyadiraja Vidyabhavan senior secondary school Mekkad Angamaly CBSE

High School

9.4

Skills

- Patient Dealing Communication skills Empathy mentality Confidence Time management

Projects

- **UG - Correlation between dynamic trunk balance and core muscle endurance in young individuals with chronic non specific low back pain.**

Study was done on 20 young individuals with chronic non specific low back pain with in the age of 18-25 and we had a positive correlation between dynamic trunk balance and core muscle endurance.

Interests

- I have deep interests in arts and sports field as I am gifted with talent of singing and was a sports person in the field of Judo. I can use my all the experience and knowledge in my professional career of physiotherapy as I can understand the situation, mentality and feelings of a sports person who suffers with injury. Since I have talent of singing I can give patients a kind of relief in their sufferings by singing songs at treatment sessions to them as it says music is also a good therapy.

Languages

- Malayalam - Native Hindi - fluent English - fluent Tamil - intermediate

Professional Development

- 1. National Physiotherapy Conference organised by Laxmi Memorial College of physiotherapy, AJ group of institutions Mangalore Karnataka, Conference was held on 6th and 7th December 2019.
- 2. Physiotherapy and COVID-19 webinar organised by LITTLE FLOWER INSTITUTE of Medical Science and Research, Angamaly ok 8th September 2020.
- 3. 2nd National IAP corporate conference 2022 organised by The Indian Association of Physiotherapists Held on 15th and 16th October 2022 at Travancore International Conference Convention Centre Karyavattom Trivandrum Kerala.
- 4. Certified Therapeutic Taping Practitioner program organised by IHFA on November 19th and 20th 2022 at Kochi Kerala.

Clinical Exposure

- During my ug at Little Flower Institute of Medical Science And Research, I was posted at 1. Department of Physiotherapy 2. Orthopedics (OPD, PRE OPERATIVE AND POST OPERATIVE) 3. Cardiothoracic (ICCU, PRE-OPERATIVE AND POST-OPERATIVE) 4. Neurology (OPD) and Neurosurgery (NSICU, PRE-OPERATIVE AND POST-OPERATIVE) 5. Stroke ICU and Wards. 6. Snehasadhan Special School