

CURRICULUM VITAE

Name: Dr. Align Tom
Qualification: MBBS, MS Obstetrics and Gynecology
Applying For: Position of Senior Resident/Obstetrician/Gynecologist
Permanent Address: H.No.8, Atwal House Colony Cantt. Road, Jalandhar,
Punjab- 144005
Contact Number: 7589417299, 7889069359
Email id: aligtom@ymail.com

PERSONAL DETAILS

Husband's Name : Dr. Anish George Philip
Marital Status : Married
Date of Birth : 11-07-1992
Sex : Female
Religion : Christian
Nationality : Indian

EDUCATIONAL QUALIFICATION

- o 10th standard, ICSE board 2008
- o 12th standard, ISC board, 2010
- o MBBS from Christian Medical College, Ludhiana in 2016
- o Post Graduation in Obstetrics and Gynecology, Christian Medical College, Vellore, Tamil Nadu 2023

LANGUAGES:

- **Can Speak :** English, Hindi, Punjabi, Malayalam, Tamil
- **Can Comprehend:** English, Hindi, Punjabi, Malayalam, Tamil, Telugu
- **Can Read :** English, Hindi, Punjabi, Malayalam
- **Can Write :** English, Hindi, Punjabi, Malayalam

WORK EXPERIENCE

- One year internship at **Christian Medical College Ludhiana** (2016)
- Junior Medical Officer under Emmanuel Hospital Association (2017-2019)
 - Duncan Hospital, Raxaul, Bihar (February 2017- April 2017)
 - Prem Jyoti Mission Hospital, Barharwa, Jharkhand (May 2017)
 - Christian Hospital Chhatarpur, Madhya Pradesh (June 2017- Dec 2017)
 - Harriet Benson Memorial Hospital, Lalitpur, Uttar Pradesh (January 2018- March 2019)
 - Madhepura Christian Hospital, Bihar
- Post Graduate Registrar in Obstetrics and Gynecology at **Christian Medical College, Vellore** (2020-2023)

STRENGTHS

- Communication skills
- Provide antenatal, intrapartum and post natal care
- Conduct deliveries, Normal, Instrumental – Forceps and Vacuum, Caesarean Sections
- Diagnosis, evaluation and management of medical conditions in pregnancy
- Emergency and high risk Obstetric and Gynecological procedures
- Confident with Emergency Obstetric surgical skills
- Management of high risk cases obstetric like Severe Pre eclampsia, Eclampsia, PIH, GDM, Multifetal pregnancies, Cardiac disease, Seizure disorder, Autoimmune diseases, Sepsis, Shock.
- Management of routine Gynecological problems, Prolapse, Abnormal uterine bleeding, Molar pregnancy, Ectopic pregnancy, Fibroid, Adenomyosis, cysts, Infertility
- Basic Neonatal resuscitation

SURGERIES and PROCEDURES

Performed Independently

- Normal Delivery
- Low Forceps Delivery
- Vacuum Delivery
- Outlet Forceps Delivery
- Delivery of Twins (Vaginal As well as Caesarean)
- Caesarean Section
- MRP
- Manual Vacuum Aspiration
- Suction and Evacuation
- Laparotomy for ruptured Ectopic pregnancies
- Medical and Surgical management of Post Partum Hemorrhage

- High risk Caesarean sections including
 - Previous LSCS
 - Placenta Previa
 - Preterm LSCS
 - Twins
 - Triplets
 - IUGR with abnormal dopplers
 - Severe Pre eclampsia and eclampsia

- Repair of second, third and fourth degree perineal tears
- Tubal Ligation:
 - Post partum
 - Interval sterilization
 - Laparoscopic sterilization
- Unilateral/Bilateral salpingectomy/Salpingo-oophorectomy
 - Open
 - Laparoscopic
- Open Myomectomy
- Endometrial Biopsy
- Colposcopy
- Polypectomy
- Copper T and MIRENA insertion
- Cervical punch biopsy
- PAP smear

Performed under Guidance

- Total abdominal hysterectomy
- Laparoscopic Cystectomy
- Total Laparoscopic Hysterectomy
- Vaginal Hysterectomy

Surgeries Assisted

- Laparoscopic Myomectomy
- Laparoscopic Vesicovaginal Fistula repair
- Rectovaginal fistula repair
- Davydov's Neovaginoplasty
- Caesarean Hysterectomy for Placenta Accreta
- Total abdominal Hysterectomy with Bilateral oophorectomy with bowel resection and ureteric reimplantation in Deep Infiltrating Endometriosis
- Apical Suspension surgeries for pelvic organ prolapse

DECLARATION

I hereby declare that the information stated above is true & correct to the best of my knowledge and belief.

Dr Align Tom

MBBS, MS Obstetrics and Gynecology

Date: 30.06.2023