



ROSHNI SOBH G S

PERSONAL STATEMENT

Seeking an opportunity to work as a Physical Therapist to utilize my skills & abilities in the field of Physical Medicine and Rehabilitation that offers professional growth and challenging opportunities while being resourceful innovative and flexible to enrich my qualities and talents by contributing services constantly to the organization.

WORK EXPERIENCE

PHYSIOTHERAPIST

Shanthi Bhavan Palliative Hospital –Pallissery, Thrissur
August 2023 to November 2023

- Provided physiotherapy services to both inpatients and outpatients by improving physical strength, cognition, mobility and quality of life in patients of all ages
- Provided specialist neuro rehabilitation to patients with neurological conditions
- Conducted assessment and evaluation to determine patient needs
- Constructed physiotherapy treatment plants to improve functionality and strength

PROFESSIONAL QUALIFICATION

INTERNSHIP:

Had undergone 6 month training in Tirunelveli Medical College &Hospital (20.12. 2022 -25.05.2023)

BACHELOR OF PHYSIOTHERAPY:

Passed in 1st class (65%) from Devendrar College of Physiotherapy, Tirunelveli which is affiliated to Dr. M.G.R. Medical University Chennai (30.08.2022)

DIPLOMA IN MEDICAL TRANSCRIPTION:

Bennington, Trivandrum

CONTACT

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November villa, Manvila,
Trivandrum, Kerala

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Phone:

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PERSONAL SKILLS

Professional
Mannerisms

Patient Handling

Listening skills

Field of special interest

Neurological conditions

Stroke management

Musculoskeletal
physiotherapy

Sports Physiotherapy

PRE-PROFESSIONAL EDUCATION

HIGHER SECONDARY:

Passed in 1st class (GOVT HSS Kulathoor, Trivandrum)

HIGH SCHOOL:

Passed in 1st class (GOVT HSS Kulathoor, Trivandrum)

PROFESSIONAL ENHANCEMENTS

PROJECTS UNDERTAKEN:

A dissertation on “PRE-PROSTHETIC REHABILITATION ON FUNCTIONAL PERFORMANCE AFTER TRANSFEMORAL AMPUTATION” was submitted and presented during the Bachelors program.

CLINICAL EXPOSURE:

- Mayopathy Institute of Muscular Dystrophy & Research Center
- Dr. K S Medical Centre, Thatchanallur, Tirunelveli

HANDS ON THERAPY SKILLS:

“Integrative Manual Therapy of the Spine” conducted by Prof. J. Andrews Milton, Principal of Bethany Navajeevan College of Physiotherapy, Thiruvananthapuram (held on 20th March 2021)

CONFERENCES:

International Physiotherapy Conference (December 2018), conducted by Christian College of Physiotherapy, Colachel

- “Myofascia: A Spatial Medicine”
- Management of mechanical low back pain
- Evidence-Based evaluation and treatment of the sacroiliac joint
- Professional versus Personal Development
- Role of scientific Publishing in the Development of early career Physiotherapist

Language Proficiency

Malayalam (Spoken,
Read & Write)

Tamil (Spoken, Read)

English (Spoken, Read &
Write)

Hindi (Read & Write)

PERSONAL PROFILE

Gender: Female

Date of birth: 13.11.2000

Nationality: Indian

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