



AKSA STEPHEN

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Kalaparambath house

Jews street ,North Paravur ,PIN : 683513, Ernakulam

PERSONAL STATEMENT

Dedicated and compassionate graduate in Bachelor of Science in Nursing with a passionate and enthusiastic mindset about providing high-quality patient care. An individual backed by the strong foundation in nursing theory, clinical skills and evidence-based practise, developed during the academic journey. Eager to bring my knowledge and expertise to a dynamic healthcare team where I can make meaningful impact.

EDUCATION

Bachelor of Science in Nursing

KMTC college of nursing Kozhikode, Mukkam

2018- 2023

Higher secondary

Palayam Government Higher Secondary school

N.paravoor 2016-2018

SSLC

St Aloysius High school, North Paravur 2016

PROFESSIONAL EXPOSURE

Government women and children hospital Kottapparamb

Family Health Centre Thiruvambadi

Government mental health hospital Kuthiravattom

Community Health Centre Mukkam

SKILLS

Patient Assessment: Proficient in conducting thorough patient assessments, Including physical examinations and health history reviews, to develop tailored care plans.

Medication Administration: Skilled in administering medications accurately and safely, ensuring patients receive the right doses and monitoring for adverse reactions.

Wound Care: Experienced in wound assessment, treatment, and maintenance, promoting optimal healing and preventing complications.

Vital Signs Monitoring: Proficient in monitoring and recording vital signs, such as blood pressure, heart rate, and respiratory rate, to detect changes and inform clinical decision-making.

Nursing Care Planning: Capable of creating comprehensive nursing care plans that address patient needs, incorporate evidence-based practices, and facilitate positive health outcomes.

Electronic Health Records (EHR) Proficiency: Highly skilled in utilizing electronic health records to accurately document patient information and streamline communication among healthcare providers.

Patient Education: Effective in educating patients and their families on their health conditions, treatment options, and self-care practices to enhance their understanding and compliance.

PROCEDURAL COMPETENCIES

Medication administration

Introduction of intravenous canula

Urinary catheter insertion

Insertion of nasogastric tube for feeding and administering medications

CPR

Wound care

ECG

Blood Transfusion

MEDICAL INSTRUMENTS AND APPARATUS EMPLOYED

Glucometer

Pulse oximeter

Syringe pump ▪ Nebulizer

Steam inhaler

AMBU bag with mask

Centralized oxygen and suction

Cardiac monitor

ECG machine

REFERENCE

F.R.Mageswari - Kmctcollegeofnursing
04952299226

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Principal - nursing@kmct.edu.in

Mrs.Rakhiseban - Kmctcollegeofnursing
9400486722

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Professor - department of OBG

DECLARATION

I hereby declare that all the information furnished above is true to the best of my knowledge and belief.