



# DR R MALAVIKA

## Dental Surgeon

Dedicated Dentist offering coordination with highly skilled staff. Skilled at developing effective treatment plans for patients experiencing tooth decay and other various oral diseases and issues. I am committed to providing personalized patient care through quality service and communication. Working as a tutor in esteemed central government institute of ESIC Dental College and Hospital gave me a chance to perform 500+ root canal treatments. My aim is to help patients overcome dental fears and give the best treatment outcome to the best of my abilities.

## Contact

### Phone

6363199432

### Email

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### Address

Kochi, Kerala  
682041

## Education

2019  
**BACHELORS DEGREE IN  
DENTAL SURGERY**

RAJIV GANDHI UNIVERSITY

2014  
**HIGHER SECONDARY**  
KENDRIYA VIDHYALAYA NAD

## Expertise

- Root canal treatments
- Basic Extractions
- Restorative Procedures
- Prosthetic Rehabilitation
- Tooth preparations
- Post and Core
- Apexification

## Language

English

Malayalam

Kannada

Hindi

## Experience

### 2022-2023 ESIC DENTAL COLLEGE AND HOSPITAL TUTOR

- As i was posted in department of conservative and endodontics i have managed 80+ OPD patients daily
- Prescribed medication to improve recovery and control pain after procedures.
- Performed 500+ root canal procedures and restorations to treat nerve and dental pulp issues and prevent further damage to teeth and gums.
- I have done special cases such as non surgical cyst management, apexification, post and core, inlays etc.
- Trained in advanced endodontic procedures including rotary endodontics
- Restored patients" smiles by providing high-quality dental care, including crowns, bleaching, midline diastema closure etc.
- Motivated students towards learning and studying to build self-confidence and reduce fear of failure.

### 2019-2022 ST JOSEPH HOSPITAL MANJUMMAL ASSOCIATE DENTAL SURGEON

- Performed basic dental procedures like scaling, fillings, extraction, crown cutting, orthodontic removal, fabrication of complete denture and removable partial denture
- Assisted periodontal flap surgery and cyst removal case
- Assisted in sinus lift surgical procedure
- Extraction of teeth with poor prognosis with adequate suturing if necessary
- Took impressions for retainers and appliances
- Advised patients on appropriate treatment for pain following procedures by giving specific home care instructions
- Communicate with patients during consultative appointments to explain regarding treatment plan and educate on upcoming procedures
- Conducted thorough patient examinations while screening for jaw and tongue cancers by inspecting teeth and soft oral tissues
- Performed root canal treatments for the successful alleviation of pain and preservation of teeth.
- Interpreted X-rays to make accurate diagnoses and decisions about treatments
- Diagnosed and treated infections, mouth ulcers and other problems with oral mucosa
- Extracted teeth, performed restorative procedures with dedication to pain management
- Kept detailed patient records of treatments for follow up
- Performed scaling and root planning procedures
- Rehabilitated completely edentulous geriatric patients
- Repaired anterior teeth fracture with composite build up
- Performed gingivectomy procedure using laser
- Orthodontic Debonding procedures
- Assisted senior dentist in performing dental implant procedure
- Management and treatment of pediatric patients
- Alveoloplasty procedure
- Delivering prosthesis in patient's mouth with appropriate correction and guiding the patient for its maintenance
- Coordinated efficiently with dental labs for successful fabrication of prosthesis

# Certificates

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- Basic life support
- Professional Development Workshop conducted by department of Oral and Maxillofacial Surgery
- Attended Hands On Workshop on "Basic Implantology" conducted by department of Prosthodontics including Crown and Bridge
- State Level CDE on "Substance use disorder and Control Program" conducted by department of Public Health Dentistry
- State Level CDE on "A pragmatic Approach for Future Dental Practice" conducted by department of Prosthodontics including Crown and Bridge