

# MUHAMMED KUNHI P PHYSIOTHERAPIST

#### CONTACT ME AT

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#### COMPETENCIES

- •••• clinical reasoning skills
- •••• Excellent Communication
- •••• Time Managment
- •••• Inter and Intra Professional care
- •••• Patient Education
- ••• Evidence based approach

# PERSONAL DETAILS

Marital status: Single Nationality: Indian D.O.B: 20/07/1997 Languages Skills:

- English
- Malayalam
- Kannada
- Hindi
- Tamil

#### CAREER OBJECTIVE

- A position in physical therapy.
- Fitness, which allows me to impart the best of my skills for the benefit of my patients.
- Subjects and to improve my knowledge with updated skills.

#### **EXPERIENCE**

- Physiotherapist at CITYMED medical clinic, Munderi, Kannur Kerala.
   From 02-05-2022 to 28-08-2022
- Physiotherapist at THANAL Brain and Spine medcity, Kannur Kerala.
   From 01-09-2022 to Till date.

# CORE COMPETENCIES / JOB PROFILE

- Excellent communication skills to effectively interview patients & liaise with other healthcare professionals to ensure effective therapy.
- Organized & Oriented with strong time management skills.
- Consistently high scoring on patient satisfactory surveys.
- Proficient in performing accurate & detailed point of care documentation.
- Knowledgeable in latest developments in Evidence-based practice

#### AREA OF EXPERTISE

- Orthopedic -Musculoskeletal physiotherapy Pediatrics
- Stroke Management
- Spinal Rehabilitation
- Virtual Reality based therapy
- Robotic Therapy
- Neurological Rehabilitation
- Electrotherapy
- Hydrotherapy

# ADDITIONAL EDUCATION AND CERTIFICATION

- Certified diversified needling Therapist.
- Certified IASTM therapist.
- Certified sports taping therapist.
- Certified diversified cupping therapist.

# **EDUCATION**

Bachelor of Physiotherapy from Yenepoya Physiotherapy College, Yenepoya (Deemed to be University), Mangalore, Karnataka, India on 2021.

Grade XII from Nithyananda Bhavan English Medium School, Kannur, Kerala 2016.

Grade X from Nithyananda Bhavan English Medium School, Kannur, Kerala on 2014.

# **UG PROJECT**

Title: Influence of open versus closed kinematic chain exercises on knee laxity, strength and function in patients after an ACL reconstruction.

# **REFERENCE**

Mr. Lourdhuraj Principal Yenepoya physiotherapy college, Mangalore, India. Mob: +91 9940529169

Mr. Sajjad A R Ebrahim Assistant Professor Yenepoya physiotherapy college, Mangalore, India. Mob: +91 9995397816

- Participation in the "INTERNATIONAL PHYSIOTHERAPY CONFERENCE"
   Organized by South Canara Physiotherapy Teachers Association on 3rd & 4th March 2017.
- Participation in the CPE on "Psycho-Motor Physiotherapy" organized by Yenepoya Physiotherapy College at Mangalore on 31st of July 2019.

#### **INTERNSHIP**

6 months of internship in the following departments of Yenepoya Medical College Hospital, Mangalore, Karnataka, India:-

- Physiotherapy OPD
- Orthopedics
- Neurology and Neurosurgery
- Cardio thoracic including ICU, SICU
- Pediatrics
- General Surgery
- General Medicine
- Obstetrics and Genecology
- Geriatrics

WORK EXPERIENCE IN COVID-19: Delivered high quality care to COVID-19 positive patients. Worked together with other healthcare professionals to develop a treatment plan for patients.

# **OUTPOSTINGS:**

- Raziya Rural Health Care and Training Centre at Harekala, Mangalore.
- Urban Health Centre at Bunder, Mangalore.
- Someshwara-a Health Sub-centre (Yenepoya Medical College) at Kumpala, Mangalore.
- Yenepoya Ayurveda Medical College and Hospital (Ayush Campus) at Kinya, Mangalore.
- Primary Health Center, Kotekar, Mangalore

# **DECLARATION**

I hereby declare that all the information furnished in this document is true to my knowledge and belief