

# Arya S Nair



## ADDRESS

Mannungal Mapurathu Pulloopuram  
Pulloopuram.P.O,Ranni  
Pathanaamthitta PIN 689674

## PHONE

+91 96 5600 2693

## EMAIL

[aryaakshay@gmail.com](mailto:aryaakshay@gmail.com)

## PERSONAL DATA

Date of Birth:30/11/1998

Gender: Female

Nationality: Indian

Marital Status: Single

Passport No: V7939748

Date of Expiry: 15/03/2032

Place of Birth: Thiruvalla, Kerala

## OBJECTIVES

A position as a registered nurse in a Health care facility where I can make the most of my nursing education and training in addition to my interpersonal skills to provide the highest level of patient care.

## EXPERIENCE

Working as Staff Nurse in critical care ICU at SATARA HOSPITAL & RESEARCH CENTER, SATARA from **01/02/2021**

## QUAIFICATION

**BSc NURSING - ARUNA COLLEGE OF NURSING, BANGALORE,**

**RAJIV GANDHI UNIVERSITY- 2020**

**PLUS TWO – S C H S S RANNY– 2016**

**TENTH – S C H S S RANNY - 2014**

## DUTIES AND RESPONSIBILITIES

- Monitoring vital signs and recording
- Doing rounds with doctors
- Assisting duty for staff members
- Taking ECG
- Knowledge and use of oxygen devices like O2 Nasal Canula, Simple mask, ventura mask, non-rebreathing, and rebreathing mask Nebulizer

- Proper hand washing before and after every procedure.
- Assisting surgeons for dressing suturing and suture removal
- Preparing patients for surgery.
- Rendering direct nursing care, administration of blood and blood products.
- Insertion of urinal catheter.
- Maintaining fluid balance, giving injections via IM, IV, intra dermal and subcutaneous etc.
- Insertion of IV canula, N.G. tube caring of central line and maintaining total parental nutrition.
- Provide bedside care.
- Special care giving to the patients with coma stage.
- Providing basic life support nursing care.
- To ensure particularly the bed ridden patients' personal hygiene and grooming which involves manicure, pedicure, bathing and dressing them. I spoon, feed patients and support them on ambulation around the ward for active exercise.
- Manage patients' caseloads in a diverse range of critical settings.
- Managed ward in a regular basis.
- Carryout order and provide treatment accordingly.

## **DECLARATION**

I do hereby declare that the above-mentioned information is true, correct, and complete to the best of my knowledge and belief.