



ANNA MARIA A J

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Anthikkatt (H) Kanjoor P.O Ernakulam,Kerala

OBJECTIVE

As a recent post graduate, I am seeking a role which allows me to continue learning and perfecting my skills as I provide high-quality work, and encourages me to flourish as a nutritionist

EDUCATION

SSLC

2016

St.Joseph CGHS Kanjoor

92%

Plus two - Biomaths

2018

GHSS Chowara

75%

B.Sc Family & Community Science

2021

Morning star Home Science College,Mahatma

Gandhi University

CCPA - 7.61

M.Sc Clinical nutrition and dietetics

2023

St. Teresa's College (Autonomous), Mahatma

Gandhi University

ADDITIONAL INFORMATION

Successfully completed 6months short term course on "yoga" which improved fitness skill in areas of flexibility, meditation and mindfulness

Successfully completed a 6 months short term course on "Medical Coding" conducted by Avodha institution

Successfully completed 20 certificate courses by Coursera

SKILLS

• Strong communication Skills in Malayalam and English • Proactiveness • Cooperation and team skills • Etiquette and good manners • Good listening capability with high grade of patience which help to tackle problems easily • High Problem solving skill thorough understanding and observation • Time management skills which implies punctuality Critical and structured thinking

EXPERIENCE

Dietician intern

June 1 - November 30

Caritas Hospital,Ettumanoor

Successfully completed 6 months hospital internship at Caritas Multi-speciality

Hospital,Kottayam. Through which I aquired strong skills in diet planning, feed formulation, counselled more than 700 patients and giving advices depending upon individual aspects of patients

ACHIEVEMENTS & AWARDS

Life Time Membership in ISPEN Membership ID- Lm/1340/2023/470

LANGUAGES

Strong communication skills in English and Malayalam Good listening skill in Hindi and tamil

INTERESTS

Reading, Travelling, Craft

works, Gardening, Cooking, Foreign language learning

