



SANJU S KUMAR

Physiotherapist

+91.7356228965

sk5638273@gmail.com

Kollam, Kerala

To work for modern physical solution as a physiotherapist where, I may be able to employ my knowledge of best practices of physiotherapy in order to provide relief to patient

EDUCATION

- Completed **10th (SSLC)**
March 2016 M S M HIGHER SECONDARY SCHOOL,
CHATHINAMKULAM, CHANDANATHOPE
DHSE
Kollam, Kerala
- Completed **HSC 12th**
March 2018 M S M HIGHER SECONDARY SCHOOL,
CHATHINAMKULAM, CHANDANATHOPE
DHSE
Kollam, Kerala
- Completed **Bachelor of Physiotherapy**
October 2023 A K G COOPERATIVE INSTITUTE OF
HEALTH SCIENCES, KANNUR
KERALA UNIVERSITY OF HEALTH
SCIENCES
Kannur, Kerala

INTERNSHIPS

- Mar 2023 **INTERN**
Apr 2023 ANANTHAPURI HOSPITAL AND
RESEARCH INSTITUTE,
THIRUVANANTHAPURAM
Thiruvananthapuram, Kerala
Completed 1 month internship under the
following departments:
 - Neurology and Neurosurgery
 - Orthopedics
 - Pediatrics
- Apr 2023 **INTERN**
May 2023 TRAVANCORE MEDICAL COLLEGE
HOSPITAL, KOLLAM
Kollam, Kerala
Completed 1 month internship under the
following departments:
 - General Medicine and Surgery
 - ICU
 - Cardiorespiratory
- May 2023 **INTERN**
Jul 2023 PONDICHERRY INSTITUTE OF MEDICAL
SCIENCES
Puducherry, Union Territory of Puducherry

WORK EXPERIENCE

- Oct 2021 **CLINICAL POSTING**
Dec 2021 A K G COOPERATIVE HOSPITAL,
KANNUR
Kannur, Kerala
Completed 2 months clinical posting under
the following departments:
 - General Medicine and Surgery
 - Cardiorespiratory
 - Cardiac ICU
 - Gynaecology
 - Operation Theatre
 - Labour Room
 - Neurology
 - Orthopedics
 - OPD & IPD Physiotherapy
- Aug 2022 **CLINICAL POSTING**
Sep 2022 PONDICHERRY INSTITUTE OF MEDICAL
SCIENCES
Puducherry, Union Territory of Puducherry
Completed 1 month clinical posting under
the following departments:
 - Cardiology and Surgery
 - General Medicine and Surgery
 - Orthopedics
 - Neurology
 - OBG
 - CBR

AWARDS & HONORS

- Worked as the College Union Chairman of A K G COOPERATIVE INSTITUTE OF HEALTH SCIENCES, KANNUR in 2021-'22
- Member of BHARAT SCOUTS AND GUIDES and winner of Chief Minister's Shield Competition in 2018

SKILLS

Good communication skills, leadership, physical evaluation, patient handling, clinical research, treatment plan

LANGUAGES

- English





Completed 2 months internship under the following departments:

- PMR
- Orthopaedics
- Neurology and Neurosurgery
- Cardiology
- ICU/MICU/SICU/NICU/CCU
- General Medicine and Surgery
- Plastic Surgery
- OBG
- Paediatrics and Paediatric Surgery
- Community Medicine

Aug 2023
Oct 2023

INTERN

NARAYANA HRUDAYALAYA HOSPITAL,
BANGALORE
Bengaluru, Karnataka

Completed 1 month internship under the following departments:

- Physiotherapy Cardiac Rehabilitation
- Paediatric Cardiac Rehabilitation

Oct 2023
Oct 2023

INTERN

NATIONAL INSTITUTE OF MENTAL
HEALTH AND
NEUROSCIENCES(NIMHANS),
BANGALORE
Bengaluru, Karnataka

Completed 1 month internship under the following departments:

- Neurology
- Neurosurgery
- PMR

- Malayalam
- Tamil
- Hindi

PROJECTS

Project

Comparative study of Diaphragmatic Breathing Exercise versus incentive spirometer in reduced respiratory muscle strength in elderly population
August 2022 - January 2023

Period:

CME/CONFERENCE

- International Physiotherapy Conference - PHYSIOCON-2022 held on 25&26 March 2022 in Mangalore, Karnataka
- International Physiotherapy Conference - NITTE PHYSIO PANACEA-2022 held on 2&3 December 2022 in Mangalore, Karnataka
- International Leadership Conclave on 'Sustainable Leadership' conducted by J D T College of Physiotherapy and Saxion University of Applied Sciences

PERSONAL INFORMATION

- Nationality: Indian
- Address: Sanju House, Chandanathope
P.O., Kollam
Kollam - 691014
Kerala

DECLARATION

I, SANJU S KUMAR, hereby declare that the information contained herein is true and correct to the best of my knowledge and belief.

SANJU S KUMAR

Kollam, Kerala

REFERENCES

Dr. B KAMARAJ

Principal

A K G COOPERATIVE INSTITUTE OF HEALTH SCIENCES, KANNUR

Kannur

KL

Tel 91.9744903443

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Mrs. NOOPA S DAS

Head of Department

A K G COOPERATIVE INSTITUTE OF HEALTH SCIENCES, KANNUR

Department of Physiotherapy

Kannur

KL

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