



ATHIRA. K. S

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08/09/2000

SKILLS

- Strong clinical, assessment, communication and observational skills
- Good understanding of health information structures and technology.
- Demonstrates brilliant communication skills.

LANGUAGE

- speaking - English, Malayalam , Hindi
- Writing - English, Malayalam, Hindi

PROFILE

1. Thrives on change and works as a change agent
2. Likes learning from others ,as well as teaching
3. Evaluating the patient's conditions, administering treatment,and providing constant support during recovery.
4. Ability to work in a stressful and emotional environment
5. Confident self-starter with strong critical thinking.
6. Always vigilant, responsive,efficient and organised.
7. Well on an interpersonal team
8. Passionate about the job and compassionate and empathetic with patients and families.

CORE SKILLS

- * dedicated and motivated learner with good critical thinking and problem solving skills
- * Patient care
- * Wound care
- * Medical clinical procedures
- * IV administration and management
- * Medication and treatment administration
- * leadership
- * teamwork
- * time management
- * administration of injections
- * good listener.

EXPERIENCE

Practical experience in:-

- Government Medical College hospital Kottayam**
- Institute of Child Health Hospital, Kottayam**
- Government Medical College hospital Painav,Idukki**
- Taluk Hospital Nedumkandam**
- Taluk Hospital Adimali**
- Sacred Hearts Hospital Thodupuzha(psychiatry)**
Student Nurse
 - * Supported and given care to variety of patients including neonates,infants,toddlers,the elderly,end of life patients, disabled individuals,and pregnant women,with a variety of conditions from minor injuries, severe allergic reactions.
 - * Had given death care.
 - * Had assisted in surgeries
 - * Had administered blood transfusion
 - * Had administered injections
 - * Had assisted in emergency department

EDUCATION

2018-2022 **INE,SME, CPAS, Nedumkandam**
Kerala University Of Health And Science
Bsc. Nursing

2016-2018

A.J. John Memorial Govt Girls School
Thalayolaparambu
Higher Secondary Education

2015

A. J. John Memorial Govt Girls High School
Thalayolaparambu
SSLC

PROJECTS

Research stating the problem

"a study to assess the effect of nomophobia among students "

A research was conducted during our third year nursing and I conducted study to assess the effect of nomophobia among students of high school, higher secondary and college. And found out that there were more impact of nomophobia among these students.

REFERENCE

Mrs.Asha Gopal - tutor
INE,SME,CPAS NEDUMKANDAM
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Mrs.Sampath R - professor /vice principal
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