



SHAMIYA S KHAN

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EDUCATION

2017 - 2022

PSG COLLEGE OF
PHYSIOTHERAPY

- Bachelor Of Physiotherapy

SKILLS

- skilled in patient relations and patient focused therapy
- detailed assessment of patient condition
- trained in motor and cognitive skills therapy
- skilled in myofascial and trigger point release
- Develop individualized treatment plan for the betterment of patients
- Able to encourage and motivate patients and help them with complex exercise
- multidisciplinary collaboration

PROFILE

A highly motivated, confident individual with multi-tasking and organizational skills aimed to associate with Hospital, which offers opportunity to learn and utilize my skills and professional techniques in the field of rehabilitation and to implement my knowledge for the betterment of the society. Ready and qualified for the next stage in a successful career and looking forward to making a significant contribution as a physiotherapist.

WORK EXPERIENCE

- **MAJ HOSPITAL** 2022 - PRESENT
Physiotherapist
 - conduct clinical assessment and evaluation to determine patient needs
 - constructed treatment plans to increase functionality and strength
 - rehabilitated post operative ortho and neuro cases
 - managed patients of all age groups
 - monitored patient progress and followed up with them.
- **PSG HOSPITAL** APRIL,2022 - OCTOBER,2022
CRI managed patients under -
 - Neuromedicine and Neurosuregry
 - Stroke & Pulmonary Rehabilitation
 - General Medicine
 - General and Plastic Surgery
 - Oncology
 - Orthopedics
 - Geriatrics & Pediatrics
 - Cardiothoracic and Vascular Surgery
 - MICU
 - Obstetrics and Gynecology

LANGUAGES

- English
- Hindi
- Malayalam
- Urdu
- Tamil

PERSONAL DETAILS

- Nationality - Indian
- DOB - 20/04/1999
- Marital status - Single

ACADEMIC RESEARCH PROJECT

A Review on Low Dye Taping and Selective Strengthening of Ankle and Foot in Flat Foot.

This study concludes that strengthening of foot and ankle muscles along with low dye taping will be effective in increasing and maintaining the foot arch and it's function.

CERTIFICATIONS

- Certified Therapeutic Taping Practitioner (CTTP)
- Certified Dry Needling Therapist (CDNT)

DECLARATION

I hereby declare that all the information presented above is true to the best of my knowledge.