

SRUTHY S

My Contact

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☎ +918078955731

📍 Kochi, Kerala

Skills

- Teaching
- Leadership
- Problem solving
- Communication Skills
- Nutrition counselling
- Diet planning
- Obesity management

Experience

● Amrita Institute of Medical Sciences

2 years clinical postings in specialty departments like Nephrology, Neurology, GI surgery, ICU e.tc

Experienced in clinical case presentations

● Case study

Submitted around 125 case studies during the course

● Intervention based clinical case presentations

Head and Neck Cancer and Liver transplant patients

About Me

Dedicated and passionate. Experienced in hospital background. Proven experience in intensive care unit and super specialties. Proven skills in teaching and public speaking.

Education

M.S.c Clinical Nutrition and Food Science

2021-2023

Amrita Institute of Medical Sciences, Kochi

- Clinical exposure along with the course
- Daily clinical postings
- Thesis: Prevalence of obesity and assessment of nutritional status among medical college students
- Medical Nutrition Therapy, Critical Care, Pharmacology, Biochemistry, Physiology
- Passed with 83.4 % and distinction

B.S.c Food and Nutritional Sciences

2018-2021

Sri Sathya Sai Institute of Higher Learning, Anantapur:

- Human Nutrition, Sports Nutrition, Food Science, Food Quality Assurance
- Passed with 77 % and first class

Higher Secondary

2015-2017

- NSS HSS Parakadavu
- Biomaths
- Passed with 94 %

Achievements

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| 2023 | International workshop on Nutrigenetics and precise nutrition |
| 2022 | Workshop- Quest for research |