

AKSHAY KRISHNA

PHYSIOTHERAPIST

Profile

Dedicated and highly motivated recent graduate with a Bachelor's degree in Physiotherapy from **SRM college of physiotherapy SRMIST** scored **191 credits** and with **first class**, eager to embark on a fulfilling career as a Physiotherapist. As a **skilled physiotherapist with knowledge in manual therapy and patient handling**, I am dedicated to improving the well-being of my patients through personalized treatment plans. My **strong understanding of anatomy and movement allows me to effectively address a wide range of musculoskeletal, neurological and sports related issues**. With excellent communication skills and a compassionate approach, I am committed to helping individuals achieve their optimal physical health and function.

Employment History

**PHYSIOTHERAPIST ASSISTANT ,
YMCA COLLEGE OF PHYSICAL EDUCATION, CHENNAI**

08/2023 - 09/2023

Assisted the **YMCA colleges sports medicine and physiotherapy department in firstaid and injury management** during the **BUCK MEMORIAL SPORTS FESTIVAL 2023**

Education

**BACHELOR OF PHYSIOTHERAPY,
SRM COLLEGE OF PHYSIOTHERAPY, KATTANKULATHUR**

07/2019 - 02/2024

SRM College of Physiotherapy, SRMIST (NAACA++) is renowned for its commitment to academic excellence and innovative teaching methodologies with program run on **Choice Based Credit System (CBCS)**. And had scored 191 credit points from various Courses in a programme such as :

- Core Course
- Elective Course
- Ability Enhancement Course (Foundation Courses)

Internships

**PHYSIOTHERAPY INTERN,
National Institute for Empowerment of Persons with Multiple Disabilities**

07/2023 - 08/2023

PHYSIOTHERAPY INTERN, YMCA college of physical education

09/2023 - 10/2023



Personal Details

MUNDAPILLY HOUSE
ERNAKULAM, 683594
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Skills

Communication Skills

Ability to Work Under Pressure

Adaptability

Team leadership

Effective Time Management

Critical thinking and problem solving

Manual therapy

Exercise prescription

Joint mobilization

Patient education

Electrotherapy

Soft tissue mobilization

Injury prevention

Gait analysis

Kinesiology taping

BASIC LIFE SUPPORT

Languages

MALAYALAM

ENGLISH

TAMIL

HINDI

**PHYSIOTHERAPY INTERN,
Chennai Special School for Muscular Dystrophy**

**PHYSIOTHERAPY INTERN ,
SRM Medical College Hospital and Research Centre**

Done a 24 weeks internship in various clinical branches such as **Orthopaedics, Cardiothoracic including ICU, Neurology, Paediatrics, General Medicine, General Surgery, Obstetrics and Gynaecology, Leprosy , Sports ,Fitness** and etc, in both inpatient and outpatient services and scored **24 credits**

Workshops

**Hands-On workshop on FUNCTIONAL TAPING CONCEPTS AND TECHNIQUES,
CHENNAI**

BASIC LIFE SUPPORT

Has successfully completed the Basic Life Support curriculum and examination offered by medtigo based on the latest Emergency Cardiovascular Care (ECC) guidelines

Projects

**Effectiveness Of Neuromuscular Exercise Program For Lower Extremity On Knee Load And Functional Outcome In Attention Deficit Hyperactivity Disorder Children,
CHENNAI**

Had done a project on ADHD children to look for the effect of neuromuscular exercise program when compared with conventional physiotherapy exercise.