

RESUME

ALTHAF ALIYAR

CHEMBANKUZHIIYIL (H)
NERIAMANGALAM P.O
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CAREER OBJECTIVE:

I wish to position myself in a place where I can explore my opportunities to the extreme to serve the society and to reach self-actualization.

EDUCATIONAL QUALIFICATION:

- Completed MSW (Medical and Psychiatry) from Yeldo Mar Baselios College, MG University, Kottayam
- B.A (History) from Mar Athanasius College, MG University, Kottayam
- Higher Secondary (Humanities with Social Work) from Govt. Higher Secondary School, Neriamangalam
- SSLC from Govt. Vocational Higher Secondary School, Neriamangalam

TRAININGS & EXPERIENCES

- Internship for 25 days at **Vision Rescue**, Vikhroli, Mumbai, Maharashtra
- Internship for 25 days at **Mar Baselios Medical Mission Hospital**, Kothamangalam, Ernakulam, Kerala
- Internship for 25 days at **KARUNASAI De-Addiction & Mental Health Research Institute**, Vellanad, Trivandrum
- Internship for 25 days in **Center for Overall Development (COD)**, Thamarassery
- Internship for 2 months in **Kavalangad Grama Panchayath**, Ernakulam
- Volunteer in **Jal Jeevan Mission** of The Andhyodaya in 2022

MAJOR ACHIEVEMENTS:

- Participated Vision Rescue program for community case management at Mandala, Mumbai.
- Student Membership in Kerala Association of Professional Social Workers (KAPS).
- Program coordinator of Kerala Institute of Local Administration (KILA) for the campaign of Waste Management-LSGL Level

- Program coordinator in RESURRECTION 2K23 (South India's biggest management fest) at Yeldo Mar Baselios College, Puthuppady
- Program coordinator of CATALAN 23(India's first psyche film festival) at Karunasai De-Addiction and Mental Health Research Institute, Vellanadu, Trivandrum during internship
- Program Coordinator of MANOMEDHAM 23 (All Kerala psychology Quiz competition) at Karunasai De-Addiction and Mental Health Research Institute, Vellanadu, Trivandrum during internship
- Student coordinator of UDHYAMA JOBFAIR 2022 at Yeldo Mar Baselios College, Puthuppady
- Student coordinator in UDID (Unique Id for persons with Disabilities) survey and registration at Kothamangalam Municipality
- Student coordinator in UDID (Unique Id for persons with Disabilities) survey and registration at Keerampara Grama Panchayath
- Volunteer in ASHAKIRANAM Cancer Care Campaign conducted at Center for Overall Development(COD), Thamarassery, Kozhikode
- Student volunteer in MALINYA SUJITHWA DHAUTHYAM at Thiruvambadi Grama Panchayath
- Student volunteer in Residential Training Programme (KRC – Level 3), as part of Jal Jeevan Mission of THE ANDHYODAYA, Angamaly, Ernakulam
- Student coordinator of Seminar in “Drug Abuse Among School Students”, conducted at Govt. Higher Secondary School, Neriamangalam by Kavalangadu Grama Panchayath
- Volunteer in data collection of Street Dwellers in Ernakulam city by Peace Valley in collaboration with THANAL

RESERCH WORK

- A study on the psychosocial problems of elderly people living in old age homes In Ernakulam District

SOFT SKILLS:

- Good in communication
- Efficient in networking
- Leadership & Multitasking
- Good in team work and coordination
- Creative thinking and problem solving
- Optimistic and dynamic in decision making
- Good listener and empathetic
- Adaptable to changes

TECHNICAL SKILLS:

- Basic computer skills
- Microsoft Package (MS Excel, MS Power point, MS Word)

PERSONAL DETAILS:

AGE :23
DATE OF BIRTH : 04/02/2000
GENDER : MALE
NATIONALITY : INDIAN

LANGUAGES KNOWN:

- **ENGLISH** SPEAK, READ & WRITE
- **MALAYALAM** SPEAK, READ & WRITE
- **TAMIL** SPEAK
- **HINDI** READ&WRITE

HOBBIES:

- Hanging out with friends
- Listening to Music
- Travelling

REFERENCES:

1. **LAIJU E K**
HOD (MSW Dept.)
Yeldo Mar Baselios College, Puthuppady
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2. **JILCY MATHEW**
MENTOR (Asst. Professor, MSW Dept.)
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