

CURRICULUM VITAE

NITHYA THITTETHARA SHIBU

Thittethara House

Elamkunnappuzha

Malippuram PO

Ernakulam Dist.

Kerala -682511

Mobile No : +91 9745176548

E mail : nithyats998@gmail.com

CAREER OBJECTIVE

To obtain a position in a Health Care Facility where I can utilize my skills, knowledge and experience to provide quality health care. Seeking a Registered nurse position which will give me an opportunity to expand my practical experience at the same time as providing quality health care to residents.

EDUCATIONAL QUALIFICATION

Qualification	Name of Institute	Name of University	Year of passing
Diploma In General Nursing & Midwifery	School of Nursing Cochin port Trust Hospital , Cochin ,Ernakulam	Kerala Nurses and Midwives Council	2019
Plus Two	Hidayathul Islam Higher secondary school	Board of Higher Secondary Examination	2013
SSLC	Little Flower High School Njarakkal	Kerala Board	2011

EXPERIENCE DETAILS

Name of the Hospital	Designation	Department	Period
Cochin Port Trust Hospital	Staff Nurse	Medical, Surgical, OB&G Wards and Medical ICU	19 February 2020 19 February 2021
Medical Trust Hospital Kuzhuppilly	Staff Nurse	Intensive Care	04 July 2022 Still Working

JOB RESPONSIBILITIES

- Handling different types of life threatening and emergency situations
- Preparation and administration of medications.
- Observation of vital signs and continues cardiac monitoring.
- Assessment and care of airway management.
- Perform 12 lead ECG, insertion of peripheral lines and blood collection including arterial blood
- Insertion of urinary catheters, nasogastric/orogastric tubes and care of the same.
- Care of patients on mechanical ventilators
- Care of patients with tracheostomy
- Teaching incentive spirometry, and performing chest physiotherapy.
- Management of patients during altered status of consciousness
- Provide an excellent standard of care to a broad range of patient presentations
- Provide effective communication with patients and other health care team members.

Equipments used

- Defibrillator
- Ventilators
- Intubation equipments
- Cardiac monitor
- Suction apparatus
- ECG machine
- Infusion pump, syringe pump
- ABG machine
- IABP machine
- BIPAP&CPAP
- Pulse oximeter
- Glucometer
- Spirometer

Types of cases Handled

- Respiratory failure
- Chronic obstructive pulmonary disease
- Acute asthma
- Pneumonia
- Acute respiratory distress syndrome
- Diabetic emergencies
- Neonatal hyperbilirubineamia
- L.S.C.S
- Arterial septal defect
- Ventricular Septal defect
- M.S.A.F

PERSONAL DETAILS

Name : Miss. Nithya Thittethara Shibu
Date of Birth : 04/05/1996
Marital Status : Single
Father's Name : Mr. Shibu T.G
Nationality : Indian
Gender : Female
Religion : Hindu
Languages known : Malayalam, English Hindi
Passport No. : W5989183
Height : 153 cm
Weight : 48 Kg

DECLARATION

I hereby declare that the all above mentioned information are true and correct to the best of my knowledge and belief.

Place: Ernakulam

Date:

Nithya Thittethara Shibu

No. L 132405 EFG3GIAGAGEE3E1486234



GOVERNMENT OF KERALA
GENERAL EDUCATION DEPARTMENT
SECONDARY SCHOOL LEAVING CERTIFICATE

Register Number: 271327 Month & Year: MARCH 2011 No. of Chances : 1

This is to certify that the candidate herein has appeared for the SSLC Examination and secured the following grades

1. Name of Candidate : NITHYA.T.S
2. Name of School : L F H S NARAKAL
3. Admission No. : 1630
4. Date of Birth (in figures) : 04/05/1996
(in words) : FOURTH MAY NINETEEN NINETY SIX
5. Sex : FEMALE
6. Religion & Caste : HINDU, PULAYA
(Those who do not want to indicate this may write: Not applicable)
7. Whether SC/ST/OEC/OBC/GL : SC
8. Nationality : INDIAN
9. Place of Birth : PARAVOOR
10. Name of Mother : BEENA
11. Name of Father : SHIBU.T.G
12. Name of Guardian : SHIBU.T.G
13. Home Address : THETTETHARA HOUSE, MALIPURAM P.O.
PIN-682511

14. Identification Marks

1. A MOLE ON THE RIGHT FOREFINGER
2. A MOLE ON THE RIGHT MIDDLE FINGER

Subject	Grade	Grade in words
First Language Paper - I MALAYALAM	A+	A Plus
First Language Paper - II MALAYALAM	A+	A Plus
English	C+	C Plus
Hindi	B+	B Plus
Social Science	B	B Only
Physics	B+	B Plus
Chemistry	B	B Only
Biology	A+	A Plus
Mathematics	C+	C Plus
Information Technology	A	A Only

RANGE OF GRADES

A+ 90% and above: Outstanding	B 60% - 69% : Good	D+ 30% - 39% : Marginal
A 80% - 89% : Excellent	C+ 50% - 59% : Above Average	D 20% - 29% : Need Improvement
B+ 70% - 79% : Very Good	C 40% - 49% : Average	E Below 20% : Need Improvement

Eligibility for higher studies - Minimum B+ grade for each paper

ELIGIBLE FOR HIGHER STUDIES



JOHNS V. JOHN
SECRETARY

Date of Publication of Result: 28/04/2011

Board of Public Examinations, Kerala



G. John

Name & Signature of the Head of School
G. John
L.F.H.S. Narakal

AI0AJAI 0A3A1AI 9483924



GOVERNMENT OF KERALA
BOARD OF HIGHER SECONDARY EXAMINATION
THIRUVANANTHAPURAM

No. HSE 2/2013/168083

CERTIFICATERegister
Number**9163869**

This is to certify that Mr /Ms NITHYA.T.S appeared for the HIGHER SECONDARY EXAMINATION
(SCIENCE GROUP) held in MARCH 2013 He/She is ELIGIBLE for higher studies.

The Scores and Grades obtained by the Candidate are shown below.

No. of Chances : **1**

SUBJECTS	FIRST YEAR			SECOND YEAR				GRAND TOTAL				Grade Obtained	Grade in Words
	CE	TE	Total	CE	PE	TE	Total	CE	PE	TE	Total		
PART I ENGLISH	17	38	55	17	--	44	61	34	--	82	116	C+	C plus
PART II MALAYALAM	18	80	98	19	--	75	94	37	--	155	192	A+	A plus
PART III (Optionals) PHYSICS	16	23	39	17	30	30	77	33	30	53	116	C+	C plus
CHEMISTRY	16	18	34	16	40	23	79	32	40	41	113	C+	C plus
BIOLOGY	16	21	37	17	38	26	81	33	38	47	118	C+	C plus
MATHEMATICS	16	24	40	17	--	24	41	33	--	48	81	C	C only

Eligibility for Higher Studies : D+ Grade or above for all subjects. * Scores obtained in the previous examination(s).



K.J. ABIDA
13.6.2013

Signature of the Principal
with name sealDate of publication of result **08-05-2013**

A.C.C.
SECRETARY

Board of Higher Secondary Examination,
Government of Kerala



KL01202001749



Kerala Nurses And Midwives Council



REGISTRATION CERTIFICATE



This is to certify that

NITHYA T S

having undergone Three years

Diploma in General Nursing and Midwifery programme at
*School of Nursing, Cochin Port Trust Hospital, Cochin,
Ernakulam*

from *October 2016 to October 2019*

and passed the examination held by the Council in September 2019

with *First Class* is admitted to the Register maintained

under the provisions of the Nurses and Midwives Act,1953.

The number assigned to her in the Register is **KL01202001749**

dated 29th January 2020 valid upto 28th January 2025.

Registrar

Kerala Nurses and Midwives Council

Digitally signed by
DR SALEENA SHAH
Date: 31.01.2020 13:48:42 IST

Dr. SALEENA SHAH
REGISTRAR

Kerala Nurses and Midwives Council
Med Center Road
Thiruvananthapuram-695025

0237803

Reg No. KL01202001749

Kerala Nurses And Midwives Council



Diploma in General Nursing and Midwifery

The Kerala Nurses and Midwives Council hereby makes known that

NITHYA T S

daughter of SHIBU T G after having undergone Three years Diploma in
General Nursing and Midwifery programme at
School of Nursing, Cochin Port Trust Hospital, Cochin, Ernakulam

for the period from *October 2016 to October 2019*

and passed the examination held by the Council

in *September 2019* with *First Class*

by duly appointed examiners is awarded the

Diploma in General Nursing and Midwifery.

President

Board of Examiners

Kerala Nurses and Midwives Council

Sobhana.M.G
Additional Director of Nursing Services
Directorate of Health Services
Thiruvananthapuram

Thiruvananthapuram

Dated: 29-01-2020

Registrar

Kerala Nurses and Midwives Council

Dr. SALEENA SHAH
REGISTRAR
Kerala Nurses and Midwives Council
Red Cross Road
Thiruvananthapuram-695035

0237804

KERALA NURSES AND MIDWIVES COUNCIL
THIRUVANANTHAPURAM - 695035



STATEMENT OF MARKS

Name of the Candidate : **NITHYA T S** Reg. No: **01123201613**
 Name of School : School of Nursing, Cochin Port Trust Hospital, Cochin, Ernakulam
 Name of Course : Diploma in General Nursing and Midwifery
 Examination : Second Year Diploma in General Nursing and Midwifery Examination (2016 Admissions) Regular-October 2018
 Month & Year of Examination : October 2018 Date of Publication: 20-03-2019

Sl. No.	Subjects Paper	IA			CE			Total			Result
		Max	Min	Awarded	Max	Min	Awarded	Max	Min	Awarded	
1	Medical Surgical Nursing-I	25	12.5	20	75	37.5	59	100	50	79	P
2	Medical Surgical Nursing- II	25	12.5	18	75	37.5	52	100	50	70	P
3	Mental Health Nursing	25	12.5	17	75	37.5	53	100	50	70	P
4	Child Health Nursing	25	12.5	19	75	37.5	56	100	50	75	P
5	Practical I - Medical Surgical Nursing	50	25	40	50	25	32	100	50	72	P
6	Practical II - Child Health Nursing	50	25	40	50	25	33	100	50	73	P
7	Practical III - Mental Health Nursing	100	50	80	0	0	0	100	50	80	P
Grand Total								700	350	519	Passed

IA - Internal Assessment, A - Absent, P - Passed, F - Failed, CE - Council Examination

..... End of Mark Statement

This document is issued without any correction

Marks entered by:

Checked by:



REGISTRAR

TRANSCRIPT

General Nursing and Midwifery

Name of Candidate	: NITHYA T.S
Gender	: Female
Date of Birth	: 04.05.1996
Name of the Course	: General Nursing And Midwifery
Duration of the Course	: 3 Years
Date of Admission	: 03.10.2016
Date of Completion	: 14.10.2019
KNMC Registration Number	: KL01202001749
Date of Registration	: 29.01.2020
Medium of instruction	: English
Division awarded	: First Class
Examination Board	: Kerala Nurses And Midwives Council

FIRST YEAR

Paper	Subject	Theory in hours		Practical hours	
		Allotted	Attended	Allotted	Attended
I	<u>Bio –Sciences</u>	120	149		
	Anatomy & Physiology	90	116		
	Microbiology	30	33		
II	<u>Behavioural Sciences</u>	60	73		
	Psychology	40	47		
	Sociology	20	26		
III	<u>Nursing Foundations</u>	210	211		
	Fundamentals of Nursing	160	160	680 + 200 (lab)	745 + 200
	First Aid	20	21		
	Clinical Pharmacology	30	30		
IV	<u>Community Health Nursing</u>	180	195		
	Community Health Nursing - I	80	84	320	320
	Environmental Hygiene	30	30		
	Health Education and Communication skills	40	47		
	Nutrition	30	34		
V	English	30	33		
VI	Computer Education	15	15	15 (lab)	15
	Co curricular activities	10	10		
	TOTAL	625	686	1215	1280
		1840		1966	

SECOND YEAR

Paper	Subject	Theory in hours		Practical hours		
		Allotted	Attended	Area	Allotted	Attended
I	Medical Surgical Nursing – I	120	113	Total hours	800	830
	Medical Surgical Nursing	106	99	Medical Ward	120	130
	Operation Room Technique	8	8	Surgical Ward	120	130
	Care of Elderly (Geriatric Nursing)	6	6	Operation Room	120	130
II	Medical Surgical Nursing-II	120	116	Geriatric Nursing	40	40
	Oncology Nursing	15	14	Oncology	40	40
	Ophthalmology	10	9	Ophthalmology	40	40
	E.N.T (Ear, Nose, Throat)	15	14	E.N.T	40	40
	Communicable diseases	10	9	Communicable diseases	40	40
	Orthopedic Nursing	10	10	Orthopedic & Physical Medicine	40	40
	Dermatology & Sexually Transmitted Diseases (STD)	10	10	Skin, burns & STD	40	40
	Cardio Vascular Disorders	30	30	Cardiology Dept. /ICU	80	80
	Emergency & Disaster Nursing	15	15	Emergency ward/ Casualty	40	40
	Andrology & Diseases of the breast	5	5	Medical/Surgical ICU	40	40
III	Mental Health Nursing	70	67		320	320
IV	Child Health Nursing	70	74		320	320
	Co-curricular activities	20	20			
		400	390		1440	1470
	Total			1840		1860

ANNE SIBY T.D.
Principal
School of Nursing
Cochin Port Trust

THIRD YEAR

Paper	Subject	Theory in hours		Practical hours Part I (6 months)	
		Allotted	Attended	Allotted	Attended
I	Midwifery & Gynecological Nursing	140	144	560	615
	Midwifery	120	124	480	525
	Gynecological Nursing	20	20	80	90
II	Community Health Nursing – II	90	94	160	168
III	Nursing Education and Introduction to Research and statistics	50	55		
	Nursing Education	20	23		
	Introduction to Research and statistics	30	32		
IV	Professional Trends & Adjustment, Nursing Administration and Ward Management.	70	74		
	Professional Trends & Adjustment	30	31		
	Nursing Administration and Ward Management.	40	43		
	Co – curricular activities	10	10		
	Total	360	377	720	783
				1080	1160

Clinical Areas in third year Part II-(6 months)

Clinical Areas	Clinical hours /Weeks	
	Allotted	Attended
Medical Surgical Nursing	288 (6wks)	290
Community Health Nursing	288 (6wks)	288
Child Health Nursing	96 (2wks)	98
Midwifery & Gynaecological Nursing	384 (8wks)	347
Mental Health Nursing	96 (2wks)	98
Total	1152 (24wks)	1121

Place: W. Island
Date: 17.02.2020



Name & Signature of Principal

ANNIE SIBY T.D.
Principal
School of Nursing
Cochin Port Trust

CERTIFICATE

It is to certify that Ms. Nithya T.S was a student of General Nursing and Midwifery Course from October 2016 to October 2019. This was a regular course conducted at School Of Nursing, Cochin Port Trust Hospital as per the requirements prescribed by Indian Nursing Council, New Delhi and Kerala Nurses and Midwives Council, Thiruvananthapuram. She has successfully completed the course and was awarded Diploma in General Nursing and Midwifery.

Date: 17.02.2020

Name & Signature of Principal

Seal of the Institution

Abby
ANNIE SIBY T.D.
Principal
School of Nursing
Cochin Port Trust



COCHIN PORT TRUST
कोच्चिन पोर्ट ट्रस्ट



ISO 9001 : 2008 PORT

MEDICAL DEPARTMENT

चिकित्सा विभाग

Cochin - 682 003

कोच्चिन - 682 003

Tele : 0484 - 2582700

Fax : 0484 - 2666402

e-mail:cmo@cochinport.gov.in

No.P/ Nurse (Temp.)/NTS/Exp.Certificate/2021-H

Dt.23.02.2021

TO WHOMSOEVER IT MAY CONCERN

This is to Certify that **Ms.NITHYA. T.S.** has worked as NURSE (Temporary) in the Medical, Surgical, OB&G Wards and Medical ICU of Cochin Port Trust Hospital from 19.02.2020 to 19.02.2021 (1 day leave) following successful completion of GNM Course from School of Nursing attached to the Cochin Port Trust Hospital under the management of Cochin Port Trust Educational Society.

During this period, she has worked efficiently, taking up all the responsibilities delegated to her. She had maintained good interpersonal relationship with the patients, colleagues and superiors, for which she is held in high esteem.

Her conduct and character has been excellent. I wish her all success in her future career.

CHIEF MEDICAL OFFICER

23/2/2021



IAP-NNF Neonatal Resuscitation Program First Golden Minute Project



CERTIFICATE

This is to certify that Dr./Mr./Mrs./Ms. NITHYA T.S..... has successfully completed
the Basic NRP course of the IAP-NNF Neonatal Resuscitation Program First Golden Minute Project
 held on 30.10.2022 at LAKSHMI HOSPITAL, ERNAKULAM City, KERALA State.

He/She is now recognized by IAP-NNF as Basic NRP Provider until 2 years from the date of Course.

Dr. Piyush Gupta IAP President 2021	Dr. Remesh Kumar R IAP President 2022	Dr. Bakul Parekh IAP President 2020	Dr. G V Basavaraja IAP Hon. Secretary General 2020 & 2021	Dr. Ranjan Pejaver NNF President	Dr. Dinesh Tomar NNF Secretary	Dr C P Bansal Chairperson IAP NRP FGM	Dr. S S Kamath Chairperson IAP NRP FGM	Dr Vikas Goyal National Coordinator IAP NRP FGM	Dr. Somashelkar Nimbalkar National Coordinator IAP NRP FGM	Dr. Bilu B.S. Course Coordinator	Dr. V.D. Anil Kumar Lead instructor

Under Academic grant from, **Johnson & Johnson**

पिता / कानूनी अभिभावक का नाम / Name of Father / Legal Guardian

SHIBU THITTETHARA GANGADHARAN

माता का नाम / Name of Mother

BEENA

पति या पत्नी का नाम / Name of Spouse

पता / Address

THITTETHARA HOUSE, ELAMKUNNAPUZHA

MALIPURAM PO, ERNAKULAM

PIN: 682511, KERALA, INDIA

पुराने पासपोर्ट का नं. और इसके जारी होने की तिथि एवं स्थान / Old Passport No. with Date and Place of Issue

फाइल नं. / File No

C02064744442322



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