



# Dr. Nada Biju

## Professional Summary

Passionate, hardworking and patient-oriented medical doctor capable at assisting in patient assessment, documenting patient care, maintaining medical records and supporting medical professionals with any duties as required. Highly motivated to expand my knowledge and skills and seeking to deliver healthcare excellence in my area of competence.

## Work Experience

2022 - 2023

### Yenepoya Medical College Hospital, Yenepoya University (Compulsory Rotatory Internship Programme)

- Documented patient care and performed other duties as assigned by medical professionals including history taking, performing physical exams, monitoring vitals and ordering diagnostic tests.
- Assisted in rounds in general ward, ICU and trauma units with physicians and surgeons.
- Rotated among different departments and assisted in the diagnosis and treatment of patients.
- Counselling patients and patient parties on patient's current prognosis and plan for further management.
- Performed clinical procedures under supervision including urinary catheterization, IV cannula insertion, Ryle's tube insertion, administering IM injections, suturing, wound dressing, PAP smear collection, ascitic fluid tapping and exchange transfusion.
- Assisted in minor as well as major surgeries in the Department of General Surgery (Open and Laparoscopic), Department of Orthopedics and Department of OBG.
- Completed AHA certified BLS training course as well as performed CPR training and provided it when necessary.
- Community service in Rural Health Centre, Harekala, Mangalore
- Community service in Urban Health Centre, Bunder, Mangalore

2023 - 2023

### Father Muller Medical College Hospital, Mangalore Junior Resident , General Medicine

- Conducted comprehensive medical examinations, interpreted diagnostic tests and provided accurate diagnoses.
- Developed and implemented personalised treatment plans, ensuring the well being and recovery of patients.
- Collaborated with interdisciplinary teams to ensure comprehensive patient care.
- Maintained accurate and detailed medical records.
- Actively participated in ongoing medical education to stay abreast of advancements in medical practices and emerging treatments.

2023 - 2023

### Karanji Infotech Private Limited, Mangalore Subject Matter Expert - Medical and Health Related

- Led the creation and review of medical and health-related content for tech products, ensuring accuracy, relevance, and adherence to industry standards.
- Collaborated with cross-functional teams, including developers and designers, to integrate medical expertise into user-friendly and engaging technology solutions.
- Contributed to the development of educational materials and documentation for internal and external stakeholders

## Contact

### Phone

+91 79092 02578

### Email

nadabiju1998@gmail.com

### Address

Faicy Manzil, KS Puram PO,  
Karunagappally, Kollam,  
Kerala -690544

## Languages

English

French

Malayalam

Hindi

Kannada

Arabic

## Additional Skills

Leadership

Team collaboration

Time management

Decision making

Critical thinking

Communication

Active listening

Good clinical skills

## Research and Publications

---

- Conducted a research on 'The impact of COVID-19 pandemic lockdown on the mental health status of Indian undergraduate health professional students' and was published in The Biomedicine International Journal for Biomedical Sciences
- Conducted a research on 'Bibliometric Analysis of Published Research Studies Conducted Amongst Indian Medical Undergraduate Students'
- Presented a paper on 'Study of academic and personal challenges borne by undergraduate healthcare professional students amidst COVID 19 lockdown' at PSG Institute of Medical Sciences and Research
- Delegate in workshop on Management of a Pandemic conducted by Armed Forces Medical College, Pune
- Delegate in workshop on Virtual Tour of COVID Hospital conducted by Armed Forces Medical College, Pune
- Delegate in the Fourth Annual Conference of the Asian Society of Mastology, organized in collaboration with American College of Surgeons India Chapter, Central-Eastern European Breast Cancer Surgical Consortium, The European Society of Surgical Oncology and Gurukul of Surgical Disciplines
- Delegate in webinar on 'A Masterclass on Oncoplastic Techniques in Breast Cancer -II Chest Wall Perforator Flaps' organized by Breast Global in association with ISOS and UEA
- Delegate in webinar on 'Reproductive Challenges in women with PCOS' organized by Department of OBG, Yenepoya Medical College Hospital
- Delegate in webinar on 'Overcoming Gender Bias and Stereotypes - Need of the Hour' organized by Gender Sensitization Cell, Yenepoya University
- Participated in Unite for Sight - Helen Keller Deaf Blind Awareness Week conducted by IMA MSN Karnataka

## Licenses and Certifications

---

- IELTS total band score 8.5
- Completed a course on Drug Resistant Tuberculosis Treatment offered by World Health Organization
- Completed a course on Transmission Based Precautions offered by World Health Organization
- Completed a course on Basic Life Support at Yenepoya Medical College Hospital, Mangalore

## Education

---

**2017- 2022**

**Yenepoya Medical College, Mangalore**

Bachelor of Medicine and Bachelor of Surgery - MBBS

**2002- 2016**

**The Indian School, Kingdom of Bahrain**

Primary, Secondary and Higher Secondary Education

- Awarded Sastra Pratibha 2016 title for securing highest score in national science olympiad hosted by Science India Forum, Bahrain
- Member of Student Council and Prefectorial Council
- Vice Captain of JC Bose house for Tarang, Youth Festival
- Member of Girls Swimming and Badminton team, CBSE Clusters
- Won awards for poetry recital, speech, debate, painting, dance

## Extra Curriculars

---

- Organized and chaired WHO committee at Yenepoya University's first ever Model United Nations Conference in 2023
- UNGA Vice Chairperson at Model United Nations Conference hosted by Symbiosis Institute of Business Management, Bangalore 2023
- UNSC Chairperson at Model United Nations Conference hosted by Govt Law College, Trivandrum 2023
- Awarded Special Mention at the International Model United Nations Conference, 2021
- Founder and Editor-in-Chief of Yenepoya University's first student led newsletter, The Med Dispatch

## References

---

• Dr. Imtiaz Ahmed,  
HOD, Dept of Orthopedics,  
Yenepoya Hospital,  
Mangalore

• Dr. Sally Mary Abraham,  
HOD, Dept of OBG,  
Yenepoya Hospital,  
Mangalore