

ANAKHA SANTHOSH

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CAREER OBJECTIVE

To pursuing a challenging career with dedication and provide my efficiency to the fullest in a professional organizational environment wherever I serve my duties that will discover the potential in me.

SKILLS

CRITICAL CARE:

- Airway management (assisting tracheal intubation, emergency airway management and artificial airways)
- Tracheostomy care
- Post extubation care
- Basic mechanical ventilator settings
- Non-invasive ventilation and initiation and maintenance
- Basic life support (CPR, AED)
- Assisting Intercostal drainage and thoracocentesis
- Medical gas therapy

PULMONARY REHABILITATION:

- Assisted pulmonary rehabilitation for patients with BRONCHIAL ASTHMA, CHRONIC OBSTRUCTIVE LUNG DISEASE, INTERSTITIAL LUNG DISEASE, POSTPTB/OAD, POST COVID, BRONCHIECTASIS.
- Assessment included
- Six-minute walk test and incremental shuttle walk test, progressive questionnaires
- Airway clearance therapy - (chest physical therapy physical therapy, postural Drainage, active cycle of breathing technique, autogenic drainage, pep devices etc.)
- Breathing retraining and Exercise training
- Nutrition assessment.
- Patient education and Cognitive behavioral therapy.

EQUIPMENTS AND DEVICES:

- Ventilators.
- Bronchoscope.
- Pulmonary function test (spirometry, DLCO) Oxygen therapy devices.

OTHERS:

- Chest x-ray interpretation
- ABG analysis
- Aerosol administration
- IV and IA line access and Blood sample withdrawal.

PROJECTS

Project Name: THE EFFICIENCY OF TELEREHABILITATION IN CHRONIC OBSTRUCTIVE PULMONARY DISEASE: A META ANALYSIS

Project Duration: 1 YEAR

EDUCATION

Degree/Course	Institute/College	Percentage/CGPA	Year of Passing
B.sc Respiratory care technology	Chettinad Academy and Research Institute.	60 %	2023

AREAS OF INTERESTS

- Intensive care unit
- Rehabilitation center
- Bronchoscopy
- Pulmonary ward
- Diagnostic center

PERSONAL DETAILS

Address Ottumalil House, Cheruvattoor PO, Kothamangalam, Kerala, India

Date of Birth 30/10/2000

Gender FEMALE

Nationality INDIAN

Marital Status UNMARRIED

Languages Known ENGLISH, MALAYALAM, TAMIL, HINDI

DECLARATION

I hereby declare that all the above information is true to best of my knowledge.

ANAKHA SANTHOSH