

ASWATHY C.A

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DEDICATED & COMPASSIONATE ENTRY-LEVEL PHYSIOTHERAPIST SEEKING TO PROVIDE EXCEPTIONAL PATIENT CARE AND REHABILITATION SERVICES

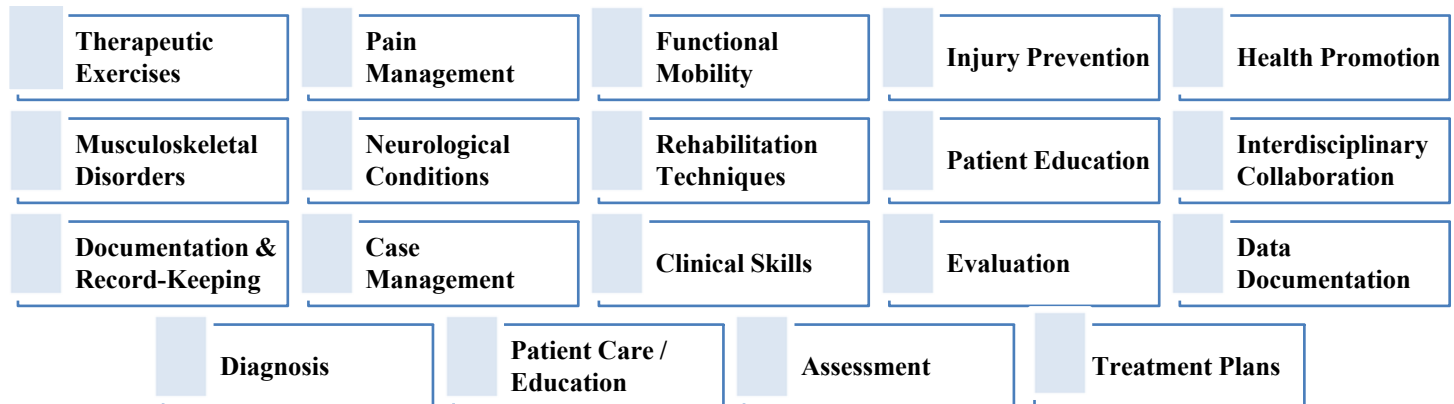
PROFILE SUMMARY

- **Recent graduate with a Bachelor's degree in Physiotherapy.** Strong foundation in physiotherapy principles and practices. Proficient in patient assessment and individualized treatment planning.
- **Capable of examining health issues and providing** physical therapy treatments to patients undergoing treatment.
- **Ability in reviewing patient's medical reports**, recommending appropriate physical therapy exercises and observing patients to notice minor improvements.
- **Capable of collaborating with rehabilitation specialists** to assist patients having disabilities in completing daily activities independently. Possess excellent leadership qualities, organizational, and interpersonal skills.
- **Skilled in implementing evidence-based physiotherapy** interventions. Effective communicator with the ability to establish rapport with patients. Collaborative team player capable of working with multidisciplinary healthcare teams.
- **Passionate about improving patients' health and well-being.** Eager to contribute skills and enthusiasm to provide exceptional patient care.

SOFT SKILLS



CORA AREAS OF EXCELLENCE



INTERNSHIP

Jan 2023 – Aug 2023 | Rajarajeshwari Medical College & Hospital
Physiotherapy Intern (One month postings in each department)

Key Result Areas:

- **Physiotherapy OPD (Including Pediatrics and Obstetrics):** Provide outpatient physiotherapy services. Conduct patient assessments, develop treatment plans, administer therapeutic exercises, and monitor progress.
- **Community Medicine Department:** Collaborate on community health initiatives. Assist in health education programs, participate in preventive care, and support community outreach efforts.
- **Orthopedic Department:** Contribute to orthopedic patient care. Perform pre and post-operative physiotherapy, aid in mobility restoration, and provide orthopedic rehabilitation.
- **Neurology and Neurosurgery Department:** Assist in neuro-rehabilitation. Conduct neurological assessments, implement neurorehabilitation protocols, and monitor neurological patient progress.
- **General Medicine Department:** Support general medical patients. Collaborate with medical teams, provide physiotherapy interventions for patients with various medical conditions, and contribute to their overall well-being.
- **General Surgery Department (Including Obstetrics and ICU Care):** Assist in surgical and critical care settings. Deliver physiotherapy in surgical recovery, obstetric rehabilitation, and intensive care units.

KEY PROJECT HANDLED

- Effect of PNF for gait training in patient with below knee amputation due to diabetic foot ulcer.

CERTIFICATION

- Complications of shoulder joint and it's management of people with stroke (2022)

CLINICAL WORKSHOP ATTENDED

- Dry Needling Technique 8/23
- Cupping Therapy Technique 8/23
- Instrument Assisted Soft Tissue mobilization(IASTM) Technique 8/23

EDUCATION

Bachelor of Physiotherapy (BPT), 2023

Rajiv Gandhi University, Rajarajeshwari College of Physiotherapy

Higher Secondary, 2017

Govt. GHSS Meladoor

PERSONAL DETAILS

Date of Birth:	08/09/2000
Language:	English, Malayalam, Hindi, Tamil & Kannada
Visa Status:	NIL
No. of Dependents:	NIL
Driving License:	Two wheeler license (India)
Marital Status:	Single