

## **ABHIRAMI S**

abhiramisabu3@gmail.com

**2** 7034369545

Krishna Thulasi

Mayyanad (P.O)

Kollam

PIN: 691303

#### **★**Skills

Punctual and Organised

Passionate and Confident

Disciplined and Hard working

Team management and Leadership skills

# Computer skills

- MS Office
- OS: Windows
- SPSS
- MS excel

# Reference

Mr. Mathews G Vadath

HOD, Dept. of Optometry

Little Flower Institute Of Medical Science And Research, Angamaly

8606742522

# **OBJECTIVE**

Looking for a career to show the best of my professional ability, skills and techniques to enhance my knowledge

#### **EDUCATION**

Little Flower Institute of Medical Science and
 Research, Angamaly (2021-2023)

**Kerala University Of Health Sciences** 

Master of Optometry: Waiting for exams

Susruta School of Optometry & Visual Sciences
 Kerala University Of Health Sciences

BSc. Optometry: 73 %

Mayyanad higher secondary school, Mayyanad(2014-2016)

Plus two: 92%

KPM Model School , Mayyanad (2014)

10th: 9.8

### **ACADEMIC ACTIVITIES & ACHEIVEMENTS**

- Completed one-year internship at Giridhar Eye Institute, Kochi.
- Attended several eye camps including diabetic retinopathy screening, school screening program, corporation camp and camp by medical board – conducted by Mobile Ophthalmic Unit, Giridhar Eye Institute, Kochi.
- Attended ACMEII accredited by OCI on Feb 2017, on the topic "RECENT ADVANCES IN OPTOMETRY" organized by Ahalia School of Optometry.
- Attended ACMEIV accredited by OCI on 24th Nov 2018,on the topic "A DISPENSING GALORE" organized by Ahalia School of optometry
- Attended a CME accredited by OCI on 10th March 2019 on the topic "REFRACTION –A
- CLINICAL REFRESHER-11th EDITION" organized by The Eye Foundation.
- Attended EYEDIA 2K17 accredited by OCI on 25th
  & 26th of March 2017, organized by Alsalama
  College of Optometry.
- Attended VUE 2K18 on 11th March 2018 on the topic "GROWING TRENDS IN DISPENSING", organized by Little Flower Institute of Medical Sciences & Research.
- Attended ACME IV, 2018 International CME at Ahalya School of Optometry, Palakkad
- Attended VUE 2K18 on 11th March 2018 on the topic "GROWING TRENDS IN DISPENSING", organized by Little Flower Institute of Medical Sciences & Research.

 Attended OPTIKA 2K19 on 7th July 2019 on the topic "BINOCULAR VISION & NEURO OPTOMETRY", organized by Giridhar Eye Institute, SSM Eye Research Foundation &Susruta School of Optometry & Visual Sciences.

# A PROJECTS

- •Is IOP same at same time on different days , A comparison with AT & NCT
  - UG 3<sup>rd</sup> year project
- ◆ Face mask induced dryeye Internship project
- Patterns of diabetic macular edema and its correlation with different functions of Vision before and after anti VEGF PG Thesis

### **CLINICAL SKILLS**

- History taking and patient counselling
- Refraction, spectacle dispensing
- Contact lens evaluation & dispensing
- Orthoptics and paediatric evaluation
- Low vision evaluation & dispensing
- LASIK workup
- Instrumentation techniques: HFA, FFA, OCT (Anterior and Posterior), Corneal topography, Slit lamp, Ophthalmoscopy, Tonometry, Specular microscopy, Lensometry, Pachymetry, Keratometry, Biometry, Ultrasound technique, Slit lamp photography, Minor procedures (RAF,

Schirmer, Lacrimal syringing, Ptosis and Proptosis measurement)

- Observed and assisted various ophthalmic surgical procedures
- Community outreach programmes (Eye camps)
- Experienced in teaching Optometry students during internship period and Master of Optometry

## PERSONAL INFROMATION

Date of birth: 21/02/1998

Gender: Female

Nationality: Indian

Fathers name: Sabu T

Mothers name: Suji S

Marital status: Single

Languages known: English, Malayalam, Hindi

# **目** DECLARATION

I hereby declare that the information furnished above is true to the best of my knowledge and I bear the responsibility for the correctness of above-mentioned particulars

Place: Kollam

Date: Abhirami S