



MISHAL PINHEIRO

Cheenikaparambil house, Eden villa, pallikadavu road, Thottakath jnc, Koonamavu PO. Ernakulam , 683518

Objective

Highly capable Nurse graduate with excellent communication skills and hands on patient care experience with natural abilities to build relationships with patient and familiar with patient advocacy procedure looking to obtain a position in public health to build long term professional relationship and expand my nursing skills while promoting favourable patient outcome.

Experience

MGM Institute of Health and Science, Kamothe Maharashtra

Completed the Internship in Bachelor of Science in Nursing handling 5 patient in Intensive care units for total care and documentation under well expertise Nurse practitioners.

National Burns Hospital, Airoli Navi Mumbai

Worked as a student nurse in National Burns Hospital as part of postings provided by Mgm Nursing institute in order develope skills in different departments .

Tata Memorial Centre, Cancer Research Institute, Mumbai

Worked as a student nurse at Tata memorial hospital as part of institutional based training so as to improve knowledge in cancer related treatment and diagnostic procedures .

Mental Hospital ,Thane Maharashtra

Worked as a student nurse in Thane Mental Hospital with prisoned as well as non prisoned patients with different diagnosis and to know patient centered treatment.

Education

MGM New Bombay College of Nursing

Bachelor Of Science in Nursing 2023 —

HSE, Kerala State Board

St George's Higher Secondary School 2018 —

Central Board Of Secondary Education

Little hearts school 2016 —

Skills

- · Evaluating daily individual patient care
- Monitoring vital signs of client
- Administration of drugs
- Care of patient on ventilator

- · Emergency patient care
- Performing admission , discharge and transfer of patient
- Maintaining records and reports
- · Well adaptable
- · Time management skills
- Leadership quality
- A understanding of relevant technology

Language

Malayalam , English , Hindi

Publication

Body mass index and menstrual pattern among women - a correlational study

The study aims to identify the menstrual pattern of women, to correlate body mass index with menstrual pattern among women and to associate the menstrual pattern with demographic variables among women.

Received: 10 March 2023 Final Accepted: 14 April 2023

Published: May 2023

Methodology: The study design was correlational descriptive survey

Achievement and certificates

IAP-NNF Neonatal Resuscitation Program

Successfully completed Basic NRP course of IAP-NNF Neonatal resuscitation program first golden minute project on 13 Aug 2022 at Mgm new Bombay College of Nursing and certified as a Basic NRP provider until 13 Aug 2024 recognised by IAP-NNF.

Patient safety

Achieved the certificate of value added course on patient safety provided by Mgm institute of Health and Science .

Basic life support Training

Participated in Basic life support Training provided by Inter college professionals.