

## **BIODATA**

**GLORIA STENITH RODRIGUES**

E-mail: [gloriastenith305@gmail.com](mailto:gloriastenith305@gmail.com)

Mobile: 9745212372

### **OBJECTIVE:**

To seek a challenging position in utilizing my experience in eye care management.

### **ACADEMIC PROFILE:**

<b>DEGREE/COURSE</b>	<b>INSTITUTE</b>	<b>UNIVERSITY / BOARD</b>	<b>Aggregate %</b>	<b>Year of passing</b>
Bsc. Optometry	Regional Institute of Ophthalmology, Govt. Medical College Thiruvananthapuram	Kerala University of Health Science, Thrissur	62%	2018
HSC	G.V.H.S School, Narakkal	Kerala State Syllabus	88%	2013
S.S.L.C	Assisi Vidyaniketan Public School, Perumpily	CBSE	72%	2011

## **WORKING EXPERIENCE:**

- 1** Regional Institute of Ophthalmology  
Govt. Medical College, Thiruvananthapuram
- 2** 1 year experience in Vithyathil Opticals and Eye Clinic
- 3** Presently working in Renai Medicity Hospital, Ernakulam

## **PROJECT DETAILS:**

TITLE:

1. CLINICAL STUDY OF UNIOcular CATARACT
2. CONVERGENCE INSUFFICIENCY- A CLINICAL STUDY PLACE:  
REGIONAL INSTITUTE OF OPHTHALMOLOGY,  
THIRUVANANTHAPURAM

## **CLINICAL WORK EXPERIENCE:**

Clinical Experience gained during the duration of the course and one year internship period.

**Refraction:** Preliminary work up (History, Visual acuity testing, IOP assessment) – fogging – duochrome Test- Jackson's cross cylinder – Auto refractometer test- Prescription of spectacles and counselling.

**Contact lens:** Preliminary work up – keratometry- Fitting of soft, RGP and Toric Contact lenses – Counselling and Advices.

**Orthoptics:** Preliminary work up – Orthoptic work up (Prism Bar, Maddox rod, Maddox Wing, R.A.F Ruler) - Worth's 4 Dot Test – Diplopia chart.

**Cornea:** Preliminary work up- Nasolacrimal duct syringing- Foreign Body Removal- Specular microscopy- Counseling for Keratoplasty.

**Glaucoma:** Preliminary work up- Schiottz Tonometry- Applanation- Non contact tonometry- Assisting and observation in Gonioscopy- assisted and observed Yag PI and Nd Yag Laser Capsulotomy- Optical Coherence Tomography- Fields (Humphrey Field Analyser)

**Retina:** Preliminary work up – Fundus Photography- Anterior segment photography- B scan Biometry- Fundus Fluorescein Angiography- Ocular Coherence Tomography.

**Low vision:** Low vision management of low vision client with magnification of optical and non-optical aids.

**Operation Theatre:** Anaesthesia (peribulbar Block, Facial Block)- Assisted and observed in Cataract surgery (ECCE with IOL, Phacoemulsification)- Glaucoma surgery (Trabeculectomy)- Squint surgery- Retinal surgery (RD surgery, PPV)- Corneal surgery (C3R surgery Keratoplasty)- Minor surgeries (Pterygium, Chalazion)- Lid surgeries (Ptosis surgery, correction of entropion and ectropion), Evisceration.

**Community Outreach Programme:** Eye Camps & School screening Camps.

**Professional Training Classes attended at:**

- REGIONAL INSITUTE OF OPHTHALMOLOGY, GOVT. MEDICAL COLLEGE, TRIVANDRUM
- AHALIA FOUNDATION EYE HOSPITAL,PALAKKAD
- BEJAN SINGH EYE HOSPITAL, NAGERCOIL,TAMIL NADU

**FIELD OF INTEREST:**

- Refraction
- Contact lens
- Orthoptics
- Low vision
- Retina
- Cornea
- Glaucoma
- Threatre Techniques

**PERSONAL DETAILS:**

Father's name : Stephan Rodrigues  
Date of Birth : 17-02-1996  
Sex : Female  
Marital status : Married  
Mother tongue : Malayalam  
Nationality : Indian  
Languages known: English, Malayalam,Hindi

Address : Gloria Stenith Rodrigues  
Kollamveliyakath House  
near Manjankkad church, Narakkal PO  
682505

**DECLARATION:**

I hereby declare that, the above information furnished by me is correct up to my knowledge and I bear the responsibility for the correctness of the above mentioned particulars.

Place: Ernakulam

SIGNATURE

Date:  
RODRIGUES

GLORIA STENITH

