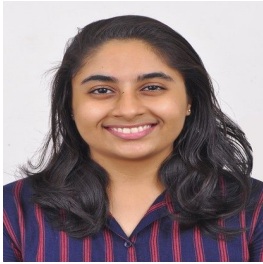


# ANLY MILTON



## CONTACT

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🎂 16.11.1999

## OBJECTIVE

To obtain a position in health care facility where I can utilise my skills, knowledge and expertise to provide quality health care and improve my knowledge with latest trends and to be part of the health care team that works dynamically towards the growth of the organisation.

## SKILLS

- - Assessing the needs of the patients
  - Monitoring vital signs of patients
  - Meeting all the needs of patients
  - Timely interventions
  - Maintaining records and reports
  - Performing admission,transfer and discharge of patients
  - Administering drugs
  - Perform dressing
  - Emergency patient care

## INTERESTS

- - Reading
  - Writing
  - Listening to music
  - Travelling
  - Cooking
  - Driving

## EDUCATION

<b>Amala College of Nursing and Research Centre</b> BSc Nursing 71%	<b>2018-2023</b>
<b>St.Augustines girls higher secondary school</b> Higher Secondary Education 94%	<b>2018</b>
<b>Sobhana Public School</b> High School Education 92%	<b>2016</b>

## ACHIEVEMENTS & AWARDS

- ✓  
Third prize in Mime competition in the "Central Zone Art Fest AVAAZ 2022" of Kerala University of Health and Science held in Vaidhyaratnam Ayurvedha College, Ollur on 12 th September.

## EQUIPMENTS HANDLED

Syringe pump, Infusion pump, Pulse oximetry, Nebulizer, Glucometer, Thermometer, BP apparatus, Incentive spirometer, Suction apparatus, Disposables and Consumables

## ADDITIONAL COURSES

- Workshop on Employability and Analytical skills held at Amala College of Nursing, Thrissur on 03 June 2021
- Online course on infection prevention authorised by the University of North Carolina offered through Coursera on 06 January 2021
- Online course on managing asthma, allergies and diabetes authorised by the University of Colorado offered through Coursera on 06 January 2021

## GROUP RESEARCH PROJECTS

- A study to assess the knowledge and attitude regarding family planning among married woman in selected community with a view to prepare video assisted teaching
- A study on risk for fall assessment amkng elderly persons in rural community with a view to develop physical wellbeing programme

## LANGUAGES

- English**  
proficient in listening ,speaking ,reading and writing
- Malayalam**  
proficient in listening ,speaking ,reading and writing

## PERSONAL STRENGTH

- Communication - excellent written and verbal communication skills they work with patients, doctors and nurses**
- Empathy - A nurse also need empathy when interacting with patients. A patients and family who are in a stressful or difficult situation may have to manage**

■**Endurance** - A nurse is usually on their feet for up to 12 hours a day having the ability to work these hours and having a positive attitude is a crucial strength for a nurse

■**Problem solving** - Nurses should be good problem solvers. A nurse needs to use their skills to figure out what that could mean for the patients and how to treat them if needed

## IT SKILLS

- M S Office Word basic
- Internet and E-mail

## DECLARATION

I hereby declare that the information furnished above is true to the best of my knowledge and belief. I can serve according to the management's expectations and assure on my independent workmanship in concern if a favourable opportunity is offered.

Yours sincerely,  
Anly Milton