



## Abinamol K Santhosh

Kochitharayil House Pampadumpara P. O  
Pampadumpara Idukki, Kerala, India  
9400633760 | abinaidukki22@gmail.com

### Personal Details

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- Date of Birth : 19/03/2002
- Marital Status : Single
- Nationality : Indian
- Gender : Female
- PIN Code : 685553
- Phone Number : 9400633760
- E-Mail Address : abinaidukki22@gmail.com
- LinkedIn : Abina Santhosh

### Objective

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To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately.

### Experience

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- **Ahalia Hospital Palakkad, Kerala, India** 15/02/2023 - Still Working  
Dietitian
- **Hindustan Hospital Coimbatore, Tamilnadu, India** Dec 15 2021 - Dec 31 2021  
Dietitian Trainee  
Done 15 days internship as Dietitian Trainee at Hindustan Hospitals Coimbatore.

### Education

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- **Rathnavel Subramaniam College of Arts and Science Sulur, Coimbatore, Tamilnadu, India (Bharathiyar University)** 2019 — 2022  
BSc. Nutrition and Dietetics  
85%
- **Rathnavel Subramaniam College of Arts and Science Sulur, Coimbatore, Tamilnadu, India (Bharathiyar University)** 2019 — 2022  
Diploma in Food Processing(Correspondent)  
85%

- **GHSS Kallar Idukki, Kerala, India**

2017 — 2019

Plus Two (Biology Science)

77%

- **St. Sebastians Higher Secondary School Nedumkandam, Idukki, Kerala, India**

SSLC

2017

84%

### **Internship**

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- Hindustan Hospital Coimbatore, Tamilnadu, India - Dietetics Internship  
16/12/2021 - 31/12/2021
- Maliyekkal Rice and Flour Mill, Malappuram, Kerala,India - Industry Internship

### **Projects**

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- **Case study On Dietetics (Subject: Dietetics)**
- **Formulation, Standardization, Nutrient analysis, Sensory evaluation and Popularization of Carrot incorporated Muffins (Subject: New Product Formulation)**
- **Assessment of Nutritional Status of Pre-school Children in Rural areas (Subject: Community Nutrition)**

### **Achievements & Awards**

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- Food Safety Supervisor Certificate — FoSTaC — FSSAI

### **Skills**

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- Diet Counseling
- Menu Planning
- Nutrition Education
- Nutrition Counseling
- Presentation
- Microsoft PowerPoint
- Microsoft Word

### **Interests**

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- Reading
- Calligraphy

- Photography
- Cooking
- Crafting
- Listening Music and Podcast
- Tailoring

## **Languages**

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- English
- Malayalam
- German
- Tamil

## **Reference**

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- **Dr. Rajkumar Maheswari MBBS, MS - Ahalia Foundation Eye Hospital Palakkad, Kerala, India**  
Ophthalmologist, Director Retina Services  
director.retina@afeh.org
- **Dr.S.Angeline Esther Preethi - Rathnavel Subramaniam College of Arts and Science, Sulur, Coimbatore, Tamilnadu, India**  
HOD, Dept. of Foods and Nutrition  
angeline@rvsgroup.com  
9443907509
- **Dr. Priya A - RVS College of Arts and Science, Sulur, Coimbatore, Tamilnadu, India**  
Assistant Professor  
priya.a@rvsgroup.com  
9786662414