

# LIS DAS

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Plot No:261, 3rd Gate, Hill Gardens,  
Kuttanellur P.O Thrissur - 680014



## OBJECTIVE

Dedicated social worker with a strong commitment to providing essential support and resources to patients and their families. To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately in healthcare settings.

## EXPERIENCE

1/08/2023 -  
31/08/2023

### **Aster Medcity, Kochi**

MSW Trainee at Integrated Liver Care Department  
Participated in multidisciplinary deliberations.  
Attended support group meetings.  
Assisted in the file works.

1/05/2023 -  
29/05/2023

### **Dr. A. V. Baliga Memorial Hospital, Udupi**

MSW Trainee  
Participated in multidisciplinary deliberations.  
Served in the inpatient department of the hospital including the female and male psychiatry wards, de-addiction ward and outpatient department of child guidance clinic.  
Worked closely with patients and family members ensuring confidentiality.  
Facilitated group activities at rehabilitation centre.

1/12/2022 -  
28/12/2022

### **IMHANS, Calicut**

MSW Trainee  
Participated in observing cases at child and adult psychiatry, autism centre and conducted activities at rehabilitation centre.

17/03/2022  
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### **Annamanada Grama Panchayat**

MSW Trainee  
Participated in a survey conducted among the elderly as part of making the panchayat elderly friendly.

24/6/2022 -  
5/8/2022

### **Thrissur Corporation 9th division**

MSW Trainee  
Participated in the activities of ICDS and Kudumbashree in the 9th division.

3/05/2022 -  
21/05/2022

### **Kuriakose Elias Service Society (KESS), Thrissur**

MSW Trainee  
Participated in the welfare and developmental activities for the underprivileged.

25/11/2021  
- 4/12/2021

### **Thrissur Corporation**

MSW Trainee  
Participated in the Life Mission Project survey to identify the beneficiaries.

## EDUCATION

2023	<b>Vimala College (Autonomous), Thrissur (Calicut University)</b> Master of Social Work Grade A , 69.6%
2020	<b>Sahrdaya College of Advanced Studies, Kodakara</b> BSc. Psychology 78.30%
2017	<b>Central Board of Secondary Education</b> 12th 76.4%
2015	<b>Central Board of Secondary Education</b> 10th 85.5%

## SKILLS

- Active listening skills
- Adaptability
- Teamwork
- Computer skills