## **RESUME**



## **PERSONAL PROFILE**

Name : Ms. MEENAKSHY A.C

Address : Anikkattu House

Veliyanadu P.O

Arakkunnam, Ernakulam Dist.,

Kerala, Pin – 682313

Date of Birth : 29.09.2000

Father's Name : Chandrabose Appu

Religion & Caste : Hindu, Ezhava

Marital status : Single

Gender : Female

Nationality : Indian

Languages Known : English, Malayalam & Tamil

E-mail id : meenakshy229@gmail.com

Contact No. : 7593901773, 6238086075

## **OBJECTIVES**

To be part of a dynamic organization where I will be able to utilize my skills and constitute directly to the growth of the organization and in turn develop my career.

# **ACADEMIC QUALIFICATION**

QUALIFICATION	INSTITUTION	BOARD/UNIVERSITY	YEAR OF PASSING	% of Marks
S.S.L.C	S.N.D.P. H.S.S, Udayamperoor	Board of Public Examination, Kerala	March 2016	82%
PLUS TWO	G. H.S.S, Mulanthuruthy	Board of Higher Secondary Examination, Kerala	March 2018	72%

### PROFESSIONAL QUALIFICATION

COURSE	INSTITUTION	UNIVERSITY	YEAR OF	% OF
			PASSING	MARKS
B.Sc. Nursing		Kerala University of Health Sciences	2018-2023	70%

## **EQUIPMENTS HANDLED**

- Infusion pumps
- Suction Apparatus
- Glucometer
- Pulse Oxymeter
- Nebulizer
- Defibrillator
- Ambu Bag
- **&** ECG Monitor
- **❖** Thermometer
- Infusion pump

## **SKILLS SET:**

- Monitoring vital signs of the patient
- Assessment and implementation
- Maintain good interpersonal relationship with the patients
- Give psychological support to the patients
- Careful administration of medicines
- Assess health condition of patients
- Health education including nutritious diet, prevention of disease, medication and follow up
- Nursing and health care
- Recording the necessary documents
- Medication administration on critical care nursing
- Effective inter disciplinary communication

#### **ROLES AND RESPONSIBILITIES**

- Admission and discharge of patients, performed clinical tasks according to hospital policies
- Provide assistance to patient care, administration of medication, prepared patient for surgery
- Monitored and maintained the patient chart
- Performed safe suctioning technique
- ❖ To provide care to the patient in ventilator administration of medication, reassuring patient and relative and providing counseling to the patient and families
- Maintaining aseptic technique in sterile procedures

### **HOBBIES**

- Drawing
- Listening Music
- Cooking

### PERSONAL QUALITIES

- Excellent communication skills
- Leadership quality
- Hardworking and punctual
- Optimistic
- Ambitious and energetic
- Sincerity
- Adaptive to any situation

#### **PROJECTS OR PROGRAMMES**

- Medical camp
- School Health Programme
- **❖** Seminar

### **AREAS OF INTEREST**

❖ Cardiac ICU, Casualty, Medical & Surgical ICU and Wards

### **DECLARATION**

I hereby declare that the above information are true and correct to the best of my knowledge and belief

Place : Veliyanad MEENAKSHY A.C

Date: