#### JOMOL

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# Objective

Certified physical therapist actively seeking employment opportunities where I can utilize my skills in administrating active and passive manual therapy exercise to promote the well- being of my patients. I am eager to work in a challenging and competitive environment that allows me to enhance my skills, ultimately contributing to improve patient's health.

## Experience

Alva's college of physiotherapy and research centre, Moodbidri

April 2023 - October 2023 Internship \*Pediatrics &OBG wards \*Critical care unit (ICU) \*Physiotherapy OPD \*orthopedic - wards \*General medicine wards( neurology, cardiothoracic) \*General surgery wards ( neurosurgery, cardiothoracic)

## Education

**Rajive Gandhi University of health sciences, Banglore** *2023* Bachelor of physiotherapy

Board of HSE, Kerala 2017 Plus 2

**Central board of secondary education, Kerala** 2015 Secondary education (1-10)



### Skills

\*Good communication and interpersonal skill \*Learning \*Good team player

Projects

Physical fitness index of health care students in a health institute - A cross-sectional study



### Achievements & Awards

Certification participation for attending a seminar on "FACTORS INFLUENCING SPORTS PERFORMANCE AND INJURY RISK IN ATHELETES".



## Languages

Malayalam English Hindi Tamil Kannada

#### **Personal Details**

- Date of Birth : 29/03/1999
- Marital Status : Single
- Nationality : Indian
- Religion : Christian
- Gender : Female

#### Declaration

I, hereby certify that all the above given data are true and correct to the best of my knowledge.



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#### **2** Core Competencies

- Physical therapy
- Exercise
- Surgical recovery
- Muscle development
- Orthopaedics
- Pain management
- Electrotherapy modalities
- Paediatrics
- Cardio respiratory