



LAKSHMI DAS

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TRIVANDRUM

SKILLS

- Listening skills
- Compassion
- Organizational skills
- Problem solving skills
- Speaking skills

LANGUAGES

- English
- Malayalam
- Tamil

HORRIFS

- Reading
- Traveling
- Cooking

SUMMARY

To guide people based on their extensive knowledge of food to help improve patients' quality of life through diet. Dietitians may work privately or within medical, food, sports or media-related industries. Their objective is to evaluate an individual's health and customize a suitable dietary plan.

EXPERIENCE

Quality Analyst

Internship of one month experience from Malanadu development society Kottayam (August 2015)

Quality Analyst

Internship of one month experience from Hindustan CoCo-Cola beverages Chennai (August 2016)

Quality Analyst

Internship of one month experience from Parsons Nutrional private Limited Karnataka (April 2017)

Food Processing Trainer

Three year trainer at ASAP under Kerala government project Trivandrum (December 2018 – December 2021)

Dietician Trainee

Six month work experience as dietician at Sree Gokulam Medical College Trivandrum (January 2022 – July 2022)

Dietician Trainee

Six month work experience as dietician at Sree Uthradam Thirunal Hospital Trivandrum (August 2022 – March 2023)

QUALIFICATIONS

- Bachelor in Food Science and Quality Control in BCM College Kottayam (2017)
- Certificate in Food and Nutrition IGNOU (2021)
- Masters in Dietetics in Food Service Management IGNOU (2023)
- Obtained HACCP First Stage Certificate (2016)