

Summary

Motivated and diligent fresher seeking an employment opportunity focused on honing skills and improving employability. Committed to enhancing communication, problem-solving, and teamwork abilities while gaining insights into effective skill acquisition. With a strong academic foundation and a proactive approach, I aim to engage in immersive experiences that foster growth in both personal capabilities and professional competencies.

Education

UNITED INDIAN SCHOOL, CBSE

XII
2020

KRISTU JYOTI COLLEGE OF
MANAGEMENT AND TECHNOLOGY,
MG UNIVERSITY
BSc. PSYCHOLOGY
2020- 2023

Skills

- Strong organizational and time-management skills
- Exceptional communication and interpersonal skills, MS
- Ability to work independently and as part of a team
- Detail-oriented and able to handle multiple tasks simultaneously
- Proficient in conducting research to gather information, identify trends, enabling informed decision making.

Certifications

- Certification of Appreciation, RSP ResearchHub
- TedxKCMT Workshop

Professional Experience

Service learning Volunteer

Little Flower Mercy Home, Sengulam

- Cultivated and maintained relationships in culturally-diverse communities.
- Demonstrated respect, friendliness and willingness to help wherever needed.

Organization Intern

Srishti Trust, Munnar

- Met with other volunteers and program leaders to discuss new services.
- Completed interviews with potential employees and HR Manager to identify strengths, weakness and potential problems.

Psychology Intern

Leela Hospital, Kottayam

- Remained energetic and demonstrated passion for helping clients by applying active listening.
- Interacted with clients to assist in gaining insight, defining goals and planning action to achieve effective personal development and adjustment.

Psychology Intern

Thiruvalla Medical Mission Hospital, Thiruvalla

- Completed range of simultaneous job tasks to assist instructor's operational needs.
- Developed observational, listening and analytical skills in fast-paced work environment.
- Researched and reviewed information in support of daily objectives.
- Communicated effectively with faculty and accepted critiques and suggestions for areas of improvement.