




HELNA SEBASTIAN

REGISTERED NURSE



CONTACT

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SKILLS

- Critical thinking and problem solving
- First aid
- Clear and accurate documentation
- Patient and family raport
- Time management
- Technological expertise
- Quick Learne

LANGUAGE

- Malayalam

- English

- Hindi




- Kannada

- Tamil

CAREER OBJECTIVES

Seeking a challenging position in an organization where I can utilize my skills and enhance my knowledge to add value and grow with service to the community. An enthusiastic, hardworking and competent healthcare professional who possesses the required level of nursing experience needed to deliver high quality, customer focused and clinically effective patient care

EDUCATION

-  **Bsc.Nursing 63%** **2018-2022**
The oxford college of nursing Bangalore
Rajiv Gandhi University of Health and Science
Bangalore
1st year 60%
2nd year 61%
3rd year 65.8%
4th year 66%
-  **Higher Secondary 83%** **2016-2018**
St.Micheals HSS Kaduthuruthy
-  **High School -SSLC 80%**

EXPERIENCE

Experience: 3 months in cardiac thoracic ICU
as a trainee nurse

Fresher

- Assessed patients need and prepared care plan in coordination with multidisciplinary team members
- Assisted with an examination, procedures and treatments
- Performed wound care and managed dressing
- Vaccinated patients against corona virus and polio

REGISTRATION DETAILS

- Nursing Council- Kerala Nurses And Midwives Council
- **Reg.no: KL04202301696**
Reg.date: 26 may 2023

